

FirstName	LastName	AG	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Finish	Penalty	Rank	Time
Kerry	Curran	10-12	F	11	Herndon	VA	126	9:00	2:19	267	43:29:00	2:19	282	34:33:00	1:31:38		266	1:31:38
Catherine	Lasky	10-12	F	11	Potomac Falls	VA	215	10:31	2:54	300	54:42:00	1:05	266	32:14:00	1:41:25		292	1:41:25
Peyton	Curry	13-15	F	13	Stafford	VA	14	6:56	2:11	166	36:31:00	0:57	83	21:40	1:08:13		91	1:08:13
Abby	Basham	13-15	F	14	Dumfries	VA	19	7:03	1:40	231	40:15:00	1:03	194	26:09:00	1:16:07		174	1:16:07
Leah	Cawthorn	13-15	F	13	Springfield	VA	209	10:21	2:30	297	51:44:00	0:56	220	27:22:00	1:32:50		269	1:32:50
Quinci	Donahue	16-19	F	19	Stafford	VA	27	7:16	1:56	172	36:44:00	0:52	71	21:12	1:07:58		88	1:07:58
Meghan	Denny	16-19	F	17			208	10:18	1:49	144	35:39:00	1:01	141	23:40	1:12:25		140	1:12:25
Mary	Hazard	16-19	F	18	Burke	VA	107	8:44	2:34	211	38:48:00	0:49	226	27:36:00	1:18:28		200	1:18:28
Hannah	Samuels	16-19	F	18	Fairfax	VA	51	7:47	2:19	261	42:53:00	1:19	233	28:12:00	1:22:27		232	1:22:27
Hilary	Jacobs	16-19	F	19	Stevenson	MD	170	9:35	2:03	298	52:17:00	1:06	290	36:19:00	1:41:17		291	1:41:17
Sarah	Robarge	20-24	F	22	Lorton	VA	83	8:19	1:28	48	31:56:00	0:51	90	21:52	1:04:24		55	1:04:24
Lisa	Rietmann	20-24	F	24	Arlington	VA	15	6:57	2:09	222	39:27:00	0:47	35	20:09	1:09:27		103	1:09:27
Brittany	Felschow	20-24	F	20	Springfield	VA	69	8:05	2:04	255	41:43:00	1:19	32	19:57	1:13:07		148	1:13:07
Arielle	Brown	20-24	F	23	Washington	DC	178	9:43	1:52	147	35:41:00	1:40	247	29:35:00	1:18:29		201	1:18:29
Courtney	Hixson	20-24	F	21	Fairfax	VA	206	10:15	2:39	239	40:40:00	1:05	259	30:53:00	1:25:29		245	1:25:29
Kelsey	Amar	20-24	F	24	Bethesda	MD	189	9:58	2:45	276	44:54:00	0:45	235	28:18:00	1:26:38		250	1:26:38
Meredith	Karam	20-24	F	24	Bethesda	MD	114	8:53	1:23	291	49:26:00	1:11	208	26:45:00	1:27:36		254	1:27:36
Kari	Schell	20-24	F	24	Greenville	NC	88	8:23	2:23	266	43:18:00	1:17	267	32:18:00	1:27:36		255	1:27:36
Danielle	Bonvini	20-24	F	24	Arlington	VA	295	16:00	2:44	232	40:17:00	3:32	265	31:52:00	1:34:22		276	1:34:22
Jessica	Milbourne	20-24	F	23	Lynchburg	VA		9:55	1:49					30:26:00	56:17:00			dnf
Ellen	Malinowski	20-24	F	23	McLean	VA		10:49	2:08		27:16:00	0:56		25:05:00	1:06:13			dnf
Brianna	Krull	25-29	F	26	St. James	MD	6	6:36	1:06	26	30:40:00	0:51	47	20:36	59:47:00		16	59:47:00
april	krieger	25-29	F	29	Ellicott City	MD	105	8:41	1:14	75	32:55:00	0:49	56	20:55	1:04:32		57	1:04:32
Catherine	Kinzer	25-29	F	27	Burke	VA	53	7:48	1:36	82	33:07:00	1:33	63	21:00	1:05:02		62	1:05:02
Kristin	Altieri	25-29	F	28	Alexandria	VA	192	10:01	1:48	63	32:30:00	1:22	68	21:08	1:06:46		78	1:06:46
Sinead	Downing	25-29	F	29	Arlington	VA	120	8:56	1:03	73	32:52:00	1:15	134	23:25	1:07:28		83	1:07:28
Dina	Sulyma	25-29	F	27	Alexandria	VA	156	9:21	1:20	47	31:53:00	1:17	152	24:06:00	1:07:55		87	1:07:55
Casey	Owens	25-29	F	26	Washington	DC	49	7:44	2:33	179	37:03:00	1:19	67	21:04	1:09:41		108	1:09:41
Holly	Booth	25-29	F	28	Alexandria	VA	79	8:16	2:12	160	36:04:00	1:47	123	22:54	1:11:12		125	1:11:12
Shannon	Bland	25-29	F	28	Falls Church	VA	74	8:14	3:01	233	40:17:00	0:58	44	20:23	1:12:51		145	1:12:51
Jamie	Schell	25-29	F	26	Washington	DC	80	8:16	1:10	130	35:14:00	1:27	210	26:49:00	1:12:54		146	1:12:54
Rachelle	Lasken	25-29	F	29	Alexandriav	VA	98	8:36	2:06	143	35:37:00	1:36	183	25:42:00	1:13:35		153	1:13:35
Julie	Diette	25-29	F	25	Arlington	VA	17	7:00	2:54	168	36:39:00	1:39	209	26:48:00	1:14:57		163	1:14:57
Kimberly	Bassotti	25-29	F	27	Arlington	VA	291	15:18	2:31	176	36:52:00	0:44	103	22:18	1:17:41		190	1:17:41
Miriam	Joy	25-29	F	29	Fairfax	VA	112	8:52	2:04	238	40:38:00	1:17	197	26:14:00	1:19:02		206	1:19:02
Ashley	Parker	25-29	F	25			135	9:06	1:34	237	40:34:00	1:06	244	29:19:00	1:21:36		228	1:21:36
Neela	Rajendra	25-29	F	28	Washington	DC	296	16:43	1:43	204	38:31:00	1:13	158	24:23:00	1:22:31		234	1:22:31
Lesley	Carr	25-29	F	28	Stephens City	VA	198	10:08	2:20	284	46:29:00	1:52	177	25:23:00	1:26:09		249	1:26:09
Kristin	Saintomas	25-29	F	29	Cary	NC	234	11:02	2:02	195	38:02:00	1:42	286	35:38:00	1:28:24		258	1:28:24
Sharin	Harun	25-29	F	38	Lansdowne	VA	65	7:59	2:36	278	45:13:00	1:33	295	38:28:00	1:35:46		280	1:35:46
Andrea	Mracko	25-29	F	25	Leesburg	VA	282	13:46	3:15	280	45:28:00	1:01	279	34:19:00	1:37:48		287	1:37:48
Emily	Trakas	30-34	F	31	Arlington	VA	3	6:22	1:08	68	32:41:00	1:04	62	21:00	1:02:13		33	1:02:13
Andrea	Fancher	30-34	F	30	Fredericksburg	VA	31	7:23	1:28	88	33:14:00	1:34	97	22:09	1:05:46		69	1:05:46
Lyndsie	Un	30-34	F	32	Arlington	VA	130	9:02	1:54	114	34:21:00	1:23	102	22:14	1:08:51		97	1:08:51
Erika	Peterson	30-34	F	32	Bristow	VA	12	6:51	1:17	185	37:21:00	0:57	140	23:38	1:10:01		110	1:10:01
Debbie	Rothlein	30-34	F	30	Manassas	VA	207	10:17	1:50	193	37:53:00	0:40	50	20:46	1:11:24		129	1:11:24
Erin	Supplee	30-34	F	33	Leesburg	VA	96	8:31	1:55	175	36:48:00	1:00	219	27:16:00	1:15:27		169	1:15:27
Aniela	Szymanski	30-34	F	31	Stafford	VA	167	9:33	1:47	221	39:24:00	1:30	147	23:53	1:16:06		173	1:16:06
Raquel	Wright	30-34	F	33	Woodbridge	VA	220	10:41	1:14	213	38:56:00	0:43	164	24:43:00	1:16:15		176	1:16:15
Lora	Barnhart	30-34	F	33	Alexandria	VA	244	11:33	2:06	145	35:40:00	0:51	206	26:41:00	1:16:49		184	1:16:49
Jessica	Cremer	30-34	F	31	Centreville	VA	119	8:55	1:16	217	39:05:00	1:09	228	27:41:00	1:18:04		195	1:18:04
Rosemary	Fox	30-34	F	32	Centreville	VA	226	10:52	2:11	251	41:18:00	0:49	124	22:59	1:18:08		199	1:18:08
Erica	Hageman	30-34	F	33	Arlington	VA	186	9:53	2:27	199	38:23:00	2:22	198	26:16:00	1:19:20		208	1:19:20
Hannah	Ross	30-34	F	30	Reston	VA	239	11:20	0:55	183	37:19:00	0:39	257	30:34:00	1:20:44		219	1:20:44
Amy	King	30-34	F	34	Great Falls	VA	279	13:35	2:58	200	38:24:00	1:45	166	24:46:00	1:21:26		226	1:21:26
Kristen	Suchy	30-34	F	34			173	9:37	1:51	207	38:37:00	2:52	278	34:15:00	1:27:10		252	1:27:10
Barbara	Kelly	30-34	F	31	Alexandria	VA	284	13:58	2:21	264	43:11:00	1:11	225	27:34:00	1:28:12		257	1:28:12
Leah	Gomez	30-34	F	31	Falls Church	VA	171	9:35	2:18	257	42:11:00	1:21	280	34:21:00	1:29:44		260	1:29:44
Allyson	Ratliff	30-34	F	31	Winchester	VA	109	8:46	2:22	282	45:56:00	1:06	270	33:00:00	1:31:08		265	1:31:08
Jennifer	Collins	30-34	F	34	Alexandria	VA	273	12:59	1:47	259	42:27:00	1:08	283	34:53:00	1:33:13		272	1:33:13

FirstName	LastName	AG	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Finish	Penalty	Rank	Time
Regina	Rizzo	30-34	F	32	Dumfries	VA	66	8:03	2:26	272	43:44:00	0:53	300	40:17:00	1:35:22		279	1:35:22
Collette	Dziemian	30-34	F	32	Springfield	VA	286	14:02	1:53	277	45:09:00	1:09	281	34:27:00	1:36:37		283	1:36:37
Cass	Chisholm	30-34	F	30	Cary	NC	262	12:15	2:54	279	45:24:00	1:02	287	35:39:00	1:37:11		286	1:37:11
Anita	Chadwick	30-34	F	31	Oakton	VA	285	13:58	2:36	288	48:20:00	1:31	289	35:41:00	1:42:05		294	1:42:05
Deb	Cawthorn	35-39	F	38	Springfield	VA	78	8:16	1:29	71	32:45:00	1:00	2	15:55	59:22:00		15	59:22:00
Laura	Toth	35-39	F	39	Arlington	VA	35	7:27	1:23	25	30:39:00	1:05	53	20:50	1:01:22		24	1:01:22
Debra	Brosnihan	35-39	F	37	Falls Church	VA	45	7:38	1:00	29	31:00:00	1:00	60	20:59	1:01:37		25	1:01:37
Michelle	Wright	35-39	F	35	Alexandria	VA	22	7:08	1:23	91	33:21:00	1:01	23	19:21	1:02:12		32	1:02:12
Kathy	Jensen	35-39	F	39	Leesburg	VA	73	8:09	1:16	60	32:21:00	0:59	88	21:49	1:04:31		56	1:04:31
Jennifer	Knickerbocker	35-39	F	38	Oak Hill	VA	139	9:10	1:05	27	30:41:00	1:51	139	23:36	1:06:22		75	1:06:22
Claire	Lazarus	35-39	F	36	Falls Church	VA	219	10:36	1:16	65	32:35:00	1:17	117	22:46	1:08:28		93	1:08:28
Sharon	Craddock	35-39	F	37	Warrenton	VA	184	9:48	1:56	156	35:59:00	1:19	31	19:54	1:08:54		98	1:08:54
Carrie	Hall	35-39	F	35	Nokesville	VA	106	8:44	1:46	58	32:18:00	1:11	182	25:35:00	1:09:31		104	1:09:31
Joyce	Maryanopolis	35-39	F	38	Springfield	VA	235	11:04	2:36	80	33:05:00	0:50	95	22:04	1:09:37		107	1:09:37
Micki	Haugen	35-39	F	37	Bristow	VA	77	8:15	1:37	203	38:29:00	0:34	80	21:29	1:10:20		114	1:10:20
Wendy	Keane	35-39	F	38	Purcellville	VA	56	7:51	1:59	154	35:58:00	1:06	136	23:31	1:10:23		115	1:10:23
Amy	Malfi	35-39	F	37	Leesburg	VA	248	11:45	2:23	110	34:08:00	1:20	58	20:58	1:10:32		117	1:10:32
Deirdre	Kane	35-39	F	39	Sterling	VA	147	9:14	2:12	131	35:14:00	1:15	128	23:05	1:10:58		121	1:10:58
Corinne	Moriatis	35-39	F	38	Ashburn	VA	227	10:53	1:36	109	33:57:00	0:55	155	24:20:00	1:11:39		131	1:11:39
Mary	Landis	35-39	F	37	Fairfax	VA	181	9:45	2:03	78	33:01:00	2:01	169	25:02:00	1:11:51		134	1:11:51
Suzanne	Pitkin	35-39	F	37	Alexandria	VA	59	7:53	1:32	212	38:51:00	0:49	135	23:29	1:12:32		143	1:12:32
Moira	Donahue	35-39	F	36	Washington	DC	26	7:13	1:50	250	41:09:00	1:13	105	22:21	1:13:44		155	1:13:44
Tara	Muehe	35-39	F	37	Occoquan	VA	43	7:35	2:20	136	35:23:00	1:22	218	27:15:00	1:13:53		157	1:13:53
Jen	Linko	35-39	F	35	Oakton	VA	47	7:39	1:31	135	35:22:00	1:07	242	29:16:00	1:14:53		162	1:14:53
Leah	Puhlick	35-39	F	39	Springfield	VA	140	9:11	1:23	174	36:48:00	0:57	211	26:52:00	1:15:09		166	1:15:09
Emma	Church	35-39	F	39	Herdon	VA	97	8:33	1:20	125	34:56:00	1:25	239	29:04:00	1:15:17		167	1:15:17
Kathryne	Foster	35-39	F	37	Alexandria	SC	124	8:59	1:48	151	35:46:00	2:17	222	27:28:00	1:16:16	1:00	186	1:17:16
Raphaele	Pelaez	35-39	F	38	Falls Church	VA	169	9:34	1:58	140	35:27:00	1:20	240	29:11:00	1:17:29		189	1:17:29
Therese	Griffin	35-39	F	37	Manassas	VA	146	9:14	1:33	252	41:37:00	1:06	157	24:22:00	1:17:51		192	1:17:51
Manizhe	Payton	35-39	F	38	Rockville	MD	33	7:25	3:14	244	41:01:00	0:39	185	25:46:00	1:18:04		193	1:18:04
Lisa	Shaw	35-39	F	40	Annapolis	VA	232	10:59	2:16	228	40:04:00	0:45	191	26:05:00	1:20:06		215	1:20:06
Heather	Sullivan-Clish	35-39	F	35	Silver Spring	MD	196	10:03	1:32	177	36:59:00	1:41	253	30:06:00	1:20:20		218	1:20:20
Katie	Doyle	35-39	F	39	Alexandria	VA	216	10:32	1:48	270	43:35:00	1:16	142	23:44	1:20:52		221	1:20:52
Kari	Cassedy	35-39	F	37	Manassas	VA	164	9:29	1:57	225	39:51:00	1:28	246	29:27:00	1:22:11		231	1:22:11
Amy	Miller	35-39	F	39	Springfield	VA	200	10:09	2:36	258	42:12:00	1:21	277	34:09:00	1:30:25		262	1:30:25
Jean	Burneo	35-39	F	37	Fairfax Station	VA	55	7:50	2:28	281	45:55:00	1:15	288	35:39:00	1:33:04		270	1:33:04
Michelle	Bosau	35-39	F	37	Alexandria	VA	255	11:59	2:50	253	41:37:00	0:51	291	36:35:00	1:33:51		274	1:33:51
Sonia	Qasba	35-39	F	39	Rockville	MD	193	10:01	4:11	275	44:46:00	2:10	293	37:50:00	1:38:56		288	1:38:56
Julie	Collier	35-39	F	38	Falls Church	VA	256	11:59	3:30	303	1:03:13	1:28	274	33:39:00	1:53:47		302	1:53:47
Anita	Freres	40-44	F	44	Reston	VA	101	8:37	1:01	108	33:53:00	1:01	7	17:27	1:01:57		30	1:01:57
Cynthia	Burns	40-44	F	41	Vienna	VA	128	9:01	0:57	55	32:08:00	1:10	25	19:24	1:02:39		36	1:02:39
Darcy	Ytterdahl	40-44	F	40	Oakton	VA	13	6:51	1:19	53	32:03:00	0:37	99	22:11	1:02:59		41	1:02:59
Karen	Ashbrook-Barnes	40-44	F	40	Vienna	VA	163	9:28	1:16	23	30:31:00	1:13	51	20:46	1:03:13		44	1:03:13
Joan	Coleman	40-44	F	40	Bristow	VA	148	9:15	1:37	43	31:32:00	0:51	66	21:03	1:04:15		52	1:04:15
Stephanie	Brinley	40-44	F	40	Manassas	VA	188	9:57	1:28	139	35:27:00	1:04	70	21:09	1:09:03		99	1:09:03
Paula	Swanson	40-44	F	42	Alexandria	VA	136	9:06	1:19	137	35:26:00	0:53	122	22:54	1:09:36		106	1:09:36
Bonnie	Lefbom	40-44	F	42	Springfield	VA	182	9:46	1:21	106	33:49:00	0:48	162	24:31:00	1:10:14		112	1:10:14
Elaine	Parks	40-44	F	41	Arlington	VA	199	10:08	1:35	100	33:38:00	1:14	151	24:03:00	1:10:37		118	1:10:37
Melinda	Moore	40-44	F	44	Arlington	WV	250	11:48	1:55	122	34:50:00	1:47	65	21:02	1:11:21		128	1:11:21
Elizabeth	Day	40-44	F	43	Miami Shores	FL	42	7:35	2:33	184	37:20:00	1:53	129	23:07	1:12:26		141	1:12:26
Nancy	Osborne	40-44	F	40	Vienna	VA	122	8:58	1:00	192	37:46:00	1:38	148	23:54	1:13:14		150	1:13:14
Annette	Bobby	40-44	F	41	Reston	VA	151	9:18	2:06	215	39:03:00	1:32	180	25:26:00	1:17:22		187	1:17:22
Deborah	Brooks	40-44	F	40	Falls Church	VA	177	9:41	2:06	197	38:19:00	1:30	193	26:08:00	1:17:42		191	1:17:42
Karen	Gregory	40-44	F	44	Gainesville	VA	269	12:41	1:42	149	35:44:00	2:05	187	25:57:00	1:18:07		197	1:18:07
caroline	kim	40-44	F	41	Ashburn	VA	240	11:21	2:02	254	41:38:00	1:29	98	22:11	1:18:39		203	1:18:39
Mary	Leahy	40-44	F	42	North Potomac	MD	134	9:05	3:45	189	37:36:00	1:47	241	29:12:00	1:21:23		225	1:21:23
Adrienne	Fenley	40-44	F	40	Vienna	VA	264	12:27	2:47	234	40:17:00	1:55	229	27:43:00	1:25:08		244	1:25:08
Christina	Simon	40-44	F	43	Burke	VA	243	11:28	2:57	271	43:39:00	1:17	205	26:37:00	1:25:56		248	1:25:56
Lysa	Posner	40-44	F	43	Raleigh	NC	246	11:42	3:06	236	40:29:00	2:32	296	38:52:00	1:36:38		284	1:36:38
Jamila	Hashil	40-44	F	41			302	23:49	3:22	293	49:50:00	1:17	217	27:10:00	1:45:25		296	1:45:25

FirstName	LastName	AG	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Finish	Penalty	Rank	Time
Margaret	David	40-44	F	42	Herndon	VA	179	9:44	3:22	299	54:24:00	2:44	299	39:34:00	1:49:46		298	1:49:46
Terry	Drew	40-44	F	43	Oak Hill	VA		9:54	1:26		32:12:00	1:01			57:10:00			dnf
Laura	Niel	45-49	F	45	Reston	VA	62	7:55	1:00	17	29:36:00	0:57	21	19:13	58:41:00		9	58:41:00
Amanda	Preble	45-49	F	45	Centreville	VA	197	10:04	2:40	150	35:45:00	0:37	59	20:59	1:10:02		111	1:10:02
Laura	Morrison	45-49	F	45	Springfield	VA	127	9:00	2:09	202	38:27:00	0:54	39	20:18	1:10:46		120	1:10:46
Candida	Wolff	45-49	F	45	McLean	VA	202	10:12	1:30	148	35:43:00	1:20	126	23:04	1:11:47		133	1:11:47
Sheri	Gibson	45-49	F	45	Alexandria	VA	153	9:19	2:11	180	37:07:00	1:03	176	25:21:00	1:15:00		165	1:15:00
Susan	Frederick	45-49	F	45	McLean	VA	175	9:38	2:26	163	36:06:00	1:50	199	26:17:00	1:16:14		175	1:16:14
Damara	Gailliot	45-49	F	45	Alexandria	VA	102	8:37	2:43	123	34:53:00	0:40	250	29:45:00	1:16:36		182	1:16:36
Sharon	Grace	45-49	F	45	Vienna	VA	268	12:36	1:34	182	37:18:00	2:52	143	23:47	1:18:04		196	1:18:04
Susan	Boswell	45-49	F	45	Jessup	MD	165	9:30	2:22	190	37:42:00	2:14	200	26:22:00	1:18:07		198	1:18:07
Susan	Laker	45-49	F	47	Arlington	VA	241	11:23	2:02	229	40:09:00	1:26	159	24:24:00	1:19:22		209	1:19:22
Karen	Miller	45-49	F	46	Burke	VA	111	8:50	2:57	219	39:11:00	1:55	212	26:54:00	1:19:45		210	1:19:45
JT	Roy	45-49	F	48	Washington	DC	223	10:47	1:59	208	38:43:00	1:52	213	26:57:00	1:20:16		216	1:20:16
Sara	Uzel	45-49	F	47	Arlington	VA	230	10:54	3:08	201	38:26:00	3:28	192	26:07:00	1:22:02		229	1:22:02
Sheryl	Stratton	45-49	F	49	Falls Church	VA	168	9:33	1:35	260	42:51:00	1:02	223	27:30:00	1:22:30		233	1:22:30
Susan	Somersall	45-49	F	46	Leesburg	VA	162	9:27	1:00	210	38:46:00	1:36	269	33:00:00	1:23:46		238	1:23:46
Julie	Jarvis	45-49	F	45	Washington	DC	183	9:48	2:52	214	39:01:00	1:39	256	30:32:00	1:23:49		239	1:23:49
Kathy	Gaynor	45-49	F	45	Herndon	VA	281	13:38	2:04	146	35:41:00	1:18	260	31:11:00	1:23:50		240	1:23:50
Christie	King	45-49	F	46	Falls Church	VA	68	8:04	2:28	256	42:10:00	3:12	275	33:54:00	1:29:45		261	1:29:45
Karen	MacEachin	45-49	F	48			274	13:07	1:50	265	43:15:00	2:05	254	30:12:00	1:30:27		264	1:30:27
Katy	Curran	45-49	F	45	Herndon	VA	118	8:55	2:16	269	43:32:00	2:18	284	35:01:00	1:32:00		267	1:32:00
Amy	Chalfant	45-49	F	47	Alexandria	VA	176	9:39	1:45	285	46:42:00	1:11	276	33:57:00	1:33:12		271	1:33:12
Elaine	Lasky	45-49	F	47	Potomac Falls	VA	288	14:35	2:15	295	50:42:00	1:10	268	32:31:00	1:41:11		289	1:41:11
Marie-Jessique	Gonzalez	45-49	F	47	Sterling	VA	299	21:14	4:02	283	46:04:00	1:20	297	39:23:00	1:52:01		301	1:52:01
Nikki	DiPalma	45-49	F	46	Alexandria	VA	297	16:47	2:53	292	49:46:00	1:44	303	34:57:00	1:48:20		303	1:48:20
Tobin	Gatto	50-54	F	54	Alexandria	VA	25	7:11	2:10	92	33:24:00	1:35	121	22:53	1:07:11		82	1:07:11
Linda	Hill	50-54	F	53	Herndon	VA	115	8:54	2:09	72	32:48:00	1:39	131	23:15	1:08:43		96	1:08:43
Kathy	Manzo	50-54	F	54	Casanova	VA	210	10:22	1:24	132	35:15:00	0:57	77	21:24	1:09:19		100	1:09:19
Kathy	Bowdring	50-54	F	52	Alexandria	VA	44	7:37	1:28	128	35:02:00	1:29	190	26:04:00	1:11:38		130	1:11:38
Margaret	Smith	50-54	F	52	Manassas	VA	121	8:56	1:41	118	34:38:00	1:00	232	28:04:00	1:14:17		160	1:14:17
Judith	Layne	50-54	F	54	Clifton	VA	233	10:59	2:21	124	34:56:00	2:16	237	28:45:00	1:19:15		207	1:19:15
Sandra	Magrath	50-54	F	51	Arlington	VA	293	15:47	2:10	127	35:02:00	2:06	168	24:52:00	1:19:56		211	1:19:56
Patti	Stevens	50-54	F	50	Burke	VA	228	10:54	3:34	249	41:08:00	1:45	236	28:31:00	1:25:49		246	1:25:49
Judy	Brookes	50-54	F	50	Cabin John	MD	257	12:03	2:42	230	40:11:00	0:57	263	31:40:00	1:27:32		253	1:27:32
Jacqueline	Carter	50-54	F	53	Washington	DC	222	10:45	2:55	216	39:04:00	2:14	271	33:04:00	1:28:00		256	1:28:00
Laura	Fitzgerald	50-54	F	50	Manassas	VA	251	11:53	2:21	247	41:06:00	2:05	292	36:53:00	1:34:16		275	1:34:16
Marcy	Foster	55-59	F	55	Reston	VA	159	9:23	1:43	157	36:01:00	1:17	112	22:37	1:11:00		122	1:11:00
Arlene	Klauber	55-59	F	57	Springfield	VA	253	11:56	1:36	167	36:33:00	1:39	163	24:34:00	1:16:17		177	1:16:17
Jan	Schoenbauer	55-59	F	56	Fpo Ap	BE	217	10:34	2:58	206	38:35:00	1:55	248	29:40:00	1:23:40		237	1:23:40
Leanne	Layne	55-59	F	57	Springfield	VA	271	12:51	1:56	165	36:13:00	2:54	255	30:25:00	1:24:17		241	1:24:17
Linda	Schwartzstein	55-59	F	57	Potomac	MD	265	12:28	2:57	296	51:14:00	3:07	301	40:24:00	1:50:07		299	1:50:07
Anne	Viviani	60-64	F	60	Arlington	VA	166	9:32	1:45	46	31:51:00	0:48	82	21:33	1:05:27		64	1:05:27
Marilyn	Seiber	60-64	F	64	McLean	VA	185	9:52	1:33	187	37:28:00	2:06	230	27:44:00	1:18:41		204	1:18:41
Peg	Mangan	60-64	F	61	Washington	DC	289	15:04	3:05	268	43:32:00	0:58	252	29:51:00	1:32:27		268	1:32:27
Zachary	Colleston	10-12	M	12	Holicong	PA	5	6:28	0:31	56	32:15:00	0:44	87	21:46	1:01:43		27	1:01:43
Alex	Pelaez	10-12	M	11	Falls Church	VA	266	12:29	2:39	289	48:24:00	1:17	249	29:42:00	1:34:29		277	1:34:29
William	David	10-12	M	10	Herndon	VA	213	10:28	2:40	301	55:04:00	1:24	298	39:30:00	1:49:03		297	1:49:03
Armi	Legge	13-15	M	15	Winchester	VA	37	7:30	0:32	5	27:23:00	0:48	5	16:46	52:58:00		3	52:58:00
David	Shrzad	13-15	M	14	Arlington	VA	100	8:36	2:02	40	31:28:00	1:30	108	22:25	1:05:59		72	1:05:59
Ben	Samuels	13-15	M	14	Fairfax	VA	10	6:50	1:53	169	36:39:00	1:01	179	25:23:00	1:11:44		132	1:11:44
Jake	Cawthorn	13-15	M	15	Springfield	VA	283	13:51	3:01	294	49:55:00	1:01	273	33:28:00	1:41:14		290	1:41:14
Christian	Crawford	16-19	M	18	Winchester	VA	29	7:21	0:48	4	27:22:00	0:46	18	18:51	55:06:00		4	55:06:00
Jeremy	Samuels	16-19	M	16	Fairfax	VA	4	6:27	1:37	51	32:03:00	0:38	13	18:19	59:01:00		12	59:01:00
Will	Brumas	16-19	M	19	McLean	VA	2	5:47	2:03	35	31:13:00	0:48	52	20:49	1:00:39	1:00	26	1:01:39
Robert	Cunningham	16-19	M	18	Winchester	VA	81	8:16	1:00	120	34:45:00	0:49	12	18:18	1:03:06		43	1:03:06
Travis	Lowes	16-19	M	18	Stafford	VA	48	7:41	1:33	104	33:44:00	1:01	203	26:28:00	1:10:25		116	1:10:25
Chris	Medrano	16-19	M	16	Annandale	VA	131	9:02	1:57	171	36:40:00	0:48	104	22:19	1:10:45		119	1:10:45
Aaron	Frederick	16-19	M	16	McLean	VA	89	8:23	1:45	205	38:33:00	0:57	149	23:54	1:13:30		152	1:13:30
Douglas	Stephens	20-24	M	24	Falls Church	VA	20	7:05	1:23	18	29:42:00	1:16	107	22:22	1:01:45		29	1:01:45

FirstName	LastName	AG	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Finish	Penalty	Rank	Time
Cody	Bender	20-24	M	24	Annandale	VA	94	8:29	1:13	30	31:01:00	1:10	145	23:50	1:05:41		68	1:05:41
Jeff	Pullen	20-24	M	24	Winchester	VA	93	8:26	1:28	76	32:59:00	0:40	156	24:21:00	1:07:52		86	1:07:52
Nicholas	Ballas	20-24	M	23	Washington	DC					24:02:00	3:07		22:31	1:07:52			dnf
Mike	Orton	25-29	M	26	Reston	VA	1	5:32	0:35	3	27:03:00	0:45	1	14:21	48:15:00	1:00	1	49:15:00
Craig	Johnsen	25-29	M	26	Staten Island	NY	46	7:39	2:07	9	28:49:00	0:54	4	16:38	56:05:00		5	56:05:00
Andre	Gondouin	25-29	M	28	Washington	DC	11	6:50	1:14	15	29:32:00	1:05	42	20:21	59:01:00		11	59:01:00
Anthony	Halley	25-29	M	27	Vienna	VA	137	9:09	1:12	12	29:19:00	1:21	19	18:59	59:58:00		17	59:58:00
Douglas	Rogers	25-29	M	29	Rockville	MD	18	7:00	0:41	22	30:28:00	0:56	76	21:21	1:00:24		19	1:00:24
Derek	McKee	25-29	M	29	Washington	DC	155	9:21	1:11	38	31:22:00	1:03	11	18:06	1:01:01		22	1:01:01
Sean	O'Neill	25-29	M	26	Centreville	VA	161	9:27	1:36	49	31:57:00	0:42	20	19:11	1:02:51		38	1:02:51
Mark	Bassotti	25-29	M	28	Arlington	VA	40	7:34	2:03	32	31:08:00	0:56	73	21:18	1:02:57		39	1:02:57
Matthew	Thompson	25-29	M	25	Washington	DC	30	7:22	1:57	79	33:02:00	0:35	45	20:26	1:03:21		45	1:03:21
Patrick	Scandling	25-29	M	25	Washington	DC	9	6:47	2:08	93	33:26:00	0:50	40	20:19	1:03:28		47	1:03:28
Daniel	McCray	25-29	M	28	Ashburn	VA	247	11:43	1:32	39	31:27:00	1:11	8	17:49	1:03:40		48	1:03:40
Matt	Malinowski	25-29	M	26	Washington	DC	91	8:23	2:47	42	31:32:00	0:35	49	20:44	1:03:59		49	1:03:59
Kurt	Craven	25-29	M	25	Lorton	VA	64	7:58	0:54	77	33:00:00	0:49	85	21:44	1:04:24		54	1:04:24
Kevin	Roose	25-29	M	29	Purcellville	VA	149	9:16	1:42	70	32:44:00	0:48	34	20:07	1:04:36		59	1:04:36
Rich	Korb	25-29	M	27	Frederick	MD	8	6:45	2:01	105	33:45:00	1:20	189	26:04:00	1:09:53		109	1:09:53
Brett	Parker	25-29	M	25	Woodbridge	VA	67	8:04	2:12	223	39:33:00	1:16	125	23:03	1:14:06		159	1:14:06
Charles	Schuyler	25-29	M	28	Rockville	MD	191	10:00	2:31	194	37:59:00	1:07	144	23:50	1:15:24		168	1:15:24
Steven	Mitchell	25-29	M	25	Alexandria	VA	150	9:16	1:41	209	38:43:00	1:15	167	24:50:00	1:15:43		170	1:15:43
Neil	Hirsch	25-29	M	26	New York	NY	275	13:09	2:14	162	36:06:00	1:00	138	23:34	1:16:02		172	1:16:02
Ronald	Beheler	25-29	M	25	Washington	DC	76	8:15	1:43	263	43:08:00	1:04	127	23:05	1:17:13		185	1:17:13
David	Kelly	25-29	M	28	Alexandria	VA	95	8:29	1:27	181	37:10:00	1:13	251	29:46:00	1:18:04		194	1:18:04
Sebastian	Amar	25-29	M	26	Bethesda	MD	260	12:11	2:43	188	37:31:00	1:10	201	26:25:00	1:19:59		214	1:19:59
Trevor	Thibeault	25-29	M	29	Burke	VA	195	10:02	1:55	240	40:43:00	1:05	216	27:05:00	1:20:48		220	1:20:48
Kyle	Dempsey	25-29	M	26	Falls Church	VA	249	11:48	2:16	173	36:45:00	2:32	238	28:49:00	1:22:09		230	1:22:09
Gary	Myers	25-29	M	26	Fairfax	VA	287	14:13	2:28	246	41:02:00	0:57	161	24:30:00	1:23:08		235	1:23:08
Richard	Joy	25-29	M	29	Fairfax	VA	267	12:33	2:17	287	48:00:00	0:54	262	31:25:00	1:35:07		278	1:35:07
Walter	English	25-29	M	28	Alexandria	VA	294	15:54	1:55	290	48:51:00	1:59	302	42:29:00	1:51:06		300	1:51:06
James	Thompson	25-29	M	25	Bland	VA		11:59				1:23			1:03:31			dnf
Ryan	Barone	30-34	M	34	Alexandria	VA	125	8:59	1:08	6	28:29:00	0:57	72	21:14	1:00:45		21	1:00:45
Paul	Ross	30-34	M	32	Reston	VA	38	7:31	0:39	19	30:19:00	0:40	92	21:56	1:01:04		23	1:01:04
Eugene	Huang	30-34	M	34	Alexandria	VA	212	10:25	1:25	41	31:30:00	1:00	9	17:54	1:02:11		31	1:02:11
Michael	Wills	30-34	M	32	Upperville	VA	23	7:09	1:23	89	33:19:00	0:52	29	19:41	1:02:22		34	1:02:22
Timothy	Huddleston	30-34	M	34	Springfield	VA	92	8:26	1:47	97	33:30:00	1:01	22	19:17	1:04:00		50	1:04:00
Pablo	Gamez	30-34	M	30	Vienna	VA	90	8:23	0:41	50	31:59:00	1:00	118	22:46	1:04:47		60	1:04:47
Michael	Lengle	30-34	M	30	Arlington	VA	28	7:16	2:43	111	34:12:00	1:37	33	20:06	1:05:53		70	1:05:53
Brian	Dutton	30-34	M	34	Arlington	VA	116	8:55	1:31	52	32:03:00	1:08	153	24:14:00	1:07:49		85	1:07:49
Donald	Lane	30-34	M	30	North Bethesda	MD	71	8:06	3:28	61	32:23:00	1:41	109	22:26	1:08:04		90	1:08:04
Jason	Hill	30-34	M	33	Manassas	VA	72	8:07	1:31	107	33:53:00	0:48	170	25:06:00	1:09:23		101	1:09:23
Todd	Fine	30-34	M	34	Falls Church	VA	75	8:14	2:19	153	35:56:00	1:01	96	22:06	1:09:34		105	1:09:34
Alex	Onischuk	30-34	M	34	Manassas	VA	160	9:26	2:14	170	36:40:00	1:53	89	21:51	1:12:02		136	1:12:02
Don	Nott	30-34	M	33	Arlington	VA	60	7:55	3:12	90	33:20:00	2:28	175	25:17:00	1:12:10		137	1:12:10
David	Skibo	30-34	M	33	Reston	VA	221	10:42	1:00	101	33:41:00	1:59	202	26:28:00	1:13:48		156	1:13:48
Jon	Nathanson	30-34	M	21	Falls Church	VA	292	15:36	1:03	98	33:32:00	0:58	173	25:13:00	1:16:21		178	1:16:21
Adrian	Jones	30-34	M	34	District Heights	MD	259	12:10	2:10	129	35:12:00	1:21	204	26:33:00	1:17:24		188	1:17:24
Marcus	Taylor	30-34	M	30	Washington	MD	303	38:56:00	1:01	218	39:09:00	1:00	84	21:43	1:41:48		293	1:41:48
Bill	Pilkington	35-39	M	38	South Riding	VA	143	9:13	1:49	45	31:40:00	1:07	43	20:23	1:04:10		51	1:04:10
Neil	Stobie	35-39	M	38	Reston	VA	214	10:29	2:44	54	32:06:00	1:52	16	18:44	1:05:53		71	1:05:53
Sean	Cavan	35-39	M	39	Alexandria	VA	58	7:51	2:28	62	32:28:00	1:57	75	21:21	1:06:03		73	1:06:03
Darren	Wrigley	35-39	M	39	Warrenton	VA	141	9:11	1:27	66	32:36:00	1:00	120	22:49	1:07:01		79	1:07:01
Walter	Velasquez	35-39	M	38	Olney	MD	154	9:20	1:46	87	33:13:00	1:01	86	21:45	1:07:03		80	1:07:03
Mark	Blanchard	35-39	M	36	Woodbridge	VA	129	9:01	1:41	81	33:05:00	1:33	114	22:44	1:08:02		89	1:08:02
Christopher	Graham	35-39	M	35	Centreville	VA	211	10:23	1:30	85	33:11:00	1:01	101	22:11	1:08:14		92	1:08:14
Allan	Un	35-39	M	35	Arlington	VA	225	10:52	2:12	94	33:29:00	1:04	113	22:43	1:10:18		113	1:10:18
Steve	Miller	35-39	M	37	Springfield	VA	113	8:53	2:29	138	35:27:00	1:23	130	23:08	1:11:18		127	1:11:18
Mark	Gleason	35-39	M	39	Fredericksburg	VA	123	8:58	2:25	115	34:26:00	1:00	178	25:23:00	1:12:11		138	1:12:11
Matthew	Leger	35-39	M	39	Fredericksburg	VA	117	8:55	2:52	158	36:03:00	1:57	116	22:46	1:12:31		142	1:12:31
Jason	March	35-39	M	37	Centreville	VA	218	10:35	1:22	99	33:35:00	1:36	196	26:13:00	1:13:21		151	1:13:21

FirstName	LastName	AG	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Finish	Penalty	Rank	Time
Christopher	Lee	35-39	M	38			85	8:21	1:51	198	38:19:00	1:21	172	25:10:00	1:15:00		164	1:15:00
Greg	McElhatton	35-39	M	36	Arlington	VA	157	9:22	4:10	227	40:00:00	0:59	94	22:03	1:16:31		179	1:16:31
Brian	Mehnert	35-39	M	36	Arlington	VA	229	10:54	1:25	119	34:42:00	1:39	231	27:53:00	1:16:32		180	1:16:32
Charles	Scholes	35-39	M	38			237	11:13	3:27	142	35:37:00	2:31	146	23:51	1:16:37		183	1:16:37
John	Bordenkecher	35-39	M	35	Adelphi	MD	245	11:37	2:29	191	37:43:00	1:58	195	26:12:00	1:19:57		212	1:19:57
Frank	Prior	35-39	M	25	Falls Church	VA	301	22:10	2:27	33	31:11:00	1:43	110	22:28	1:19:58		213	1:19:58
Arron	Newton	35-39	M	36	Fort Washington	MD	280	13:36	3:01	141	35:29:00	3:24	181	25:35:00	1:21:02		222	1:21:02
Jake	Gibson	35-39	M	39	Alexandria	VA	190	9:59	2:16	242	40:48:00	1:04	221	27:22:00	1:21:27		227	1:21:27
Felipe	Chapa	35-39	M	36	Washington	DC	290	15:14	2:18	220	39:22:00	1:32	174	25:14:00	1:23:38		236	1:23:38
James	Ballas	35-39	M	35	Washington	DC	270	12:50	4:37	152	35:48:00	5:30	184	25:43:00	1:24:26		243	1:24:26
David	Pattie	35-39	M	35	Ashburn	VA		6:30	0:56		27:02:00	0:36			53:30:00			dnf
Ralph	Smith	35-39	M	36	Washington	DC		70:21:00	6:15			2:13						dnf
Jeff	Fritz	40-44	M	42	Reston	VA	36	7:28	0:43	2	25:32:00	0:42	6	16:56	51:20:00	1:00	2	52:20:00
Elan	Krueger	40-44	M	44	Potomac	MD	16	6:58	1:37	20	30:21:00	1:13	15	18:43	58:51:00		10	58:51:00
Eric	Mangelsdorf	40-44	M	42	Alexandria	VA	21	7:06	0:47	14	29:29:00	0:38	69	21:08	59:07:00		13	59:07:00
Michael	Tranquill	40-44	M	43	Rockville	MD	103	8:39	1:52	10	29:04:00	1:20	54	20:52	1:01:44		28	1:01:44
Walter	Harter	40-44	M	44	Purcellville	VA	63	7:58	1:10	24	30:39:00	1:08	91	21:54	1:02:47		37	1:02:47
Agustin	Garay	40-44	M	41	Great Falls	VA	39	7:32	1:44	84	33:11:00	1:12	30	19:46	1:03:22		46	1:03:22
Paul	Moretti	40-44	M	41	Alexandria	VA	50	7:47	2:26	57	32:18:00	1:55	37	20:11	1:04:35		58	1:04:35
Michael	Hamer	40-44	M	40	Woodbridge	VA	108	8:46	2:06	44	31:35:00	1:05	74	21:18	1:04:48		61	1:04:48
Lester	Benitez	40-44	M	40	Ashburn	VA	204	10:14	1:16	28	30:48:00	1:43	79	21:29	1:05:28		65	1:05:28
Michael	Sklaire	40-44	M	42	Bethesda	MD	172	9:35	2:02	95	33:30:00	1:13	24	19:22	1:05:40		67	1:05:40
Alex	Mirkow	40-44	M	41	Bethesda	MD	82	8:17	2:17	86	33:11:00	1:38	55	20:53	1:06:15		74	1:06:15
Mark	Maguire	40-44	M	44			144	9:13	1:01	133	35:15:00	1:01	38	20:17	1:06:46		77	1:06:46
Faryar	Shirzad	40-44	M	44	Arlington	VA	104	8:40	2:25	117	34:34:00	1:53	137	23:33	1:11:03		123	1:11:03
James	Mitchell	40-44	M	40	Gainesville	VA	99	8:36	1:44	102	33:42:00	1:28	186	25:49:00	1:11:17		126	1:11:17
Clinton	Beckner	40-44	M	44	Arlington	VA	231	10:56	2:26	178	37:02:00	1:25	57	20:57	1:12:43		144	1:12:43
Vaughn	Stanford	40-44	M	40	Broadlands	VA	138	9:09	3:25	121	34:48:00	0:56	165	24:46:00	1:13:03		147	1:13:03
August	McCarthy	40-44	M	43			194	10:01	1:38	103	33:44:00	1:04	207	26:43:00	1:13:07		149	1:13:07
Steve	Donovan	40-44	M	41	McLean	VA	252	11:55	2:49	241	40:44:00	0:48	27	19:36	1:15:50		171	1:15:50
Louis	Malfi	40-44	M	41	Leesburg	VA	261	12:12	2:05	83	33:09:00	2:02	245	29:23:00	1:18:48		205	1:18:48
Brian	Samuels	40-44	M	44	Fairfax	VA	84	8:20	2:15	248	41:07:00	1:20	234	28:18:00	1:21:17		224	1:21:17
Bill	Edge	40-44	M	42	Stephens City	VA	152	9:18	2:21	286	47:19:00	1:01	188	25:58:00	1:25:54		247	1:25:54
Scott	Simon	40-44	M	42	Burke	VA	263	12:26	2:54	274	44:44:00	1:33	285	35:27:00	1:37:01		285	1:37:01
John	Coffey	45-49	M	45	Washington	DC	7	6:37	1:07	8	28:45:00	0:41	81	21:30	58:38:00		8	58:38:00
Dan	Marvin	45-49	M	46	Centreville	VA	32	7:24	1:20	34	31:12:00	1:25	17	18:47	1:00:05		18	1:00:05
Chris	Kavanagh	45-49	M	48	Vienna	VA	57	7:51	1:13	13	29:20:00	1:18	61	21:00	1:00:39		20	1:00:39
Ronald	Teribery	45-49	M	49	Warrenton	VA	52	7:47	1:25	64	32:32:00	0:36	36	20:09	1:02:28		35	1:02:28
Dow	Walker	45-49	M	47	South Riding	VA	133	9:03	1:00	37	31:15:00	1:00	48	20:42	1:03:00		42	1:03:00
Frank	Graziano	45-49	M	46	Leesburg	VA	180	9:45	2:08	74	32:54:00	1:39	10	17:54	1:04:18		53	1:04:18
David	Evans	45-49	M	48	Fairfax	VA	41	7:34	1:00	59	32:20:00	1:09	171	25:06:00	1:07:08		81	1:07:08
James	Chesson	45-49	M	48	Alexandria	VA	224	10:49	2:40	112	34:14:00	1:19	14	18:42	1:07:42		84	1:07:42
Scott	Giambattista	45-49	M	49	Stafford	VA	205	10:14	2:41	134	35:17:00	0:49	26	19:35	1:08:34		94	1:08:34
Lee	Morgan	45-49	M	45	Gaithersburg	MD	187	9:55	2:12	116	34:27:00	1:49	41	20:20	1:08:41		95	1:08:41
John	Daus	45-49	M	49	Vienna	VA	201	10:11	2:15	161	36:06:00	1:39	150	23:56	1:14:04		158	1:14:04
Robert	Somer	45-49	M	47	Reston	VA	236	11:05	2:27	224	39:48:00	1:53	132	23:21	1:18:32		202	1:18:32
Michael	Gailliot	45-49	M	46	Alexandria	VA	278	13:33	2:39	164	36:10:00	1:22	224	27:34:00	1:21:15		223	1:21:15
Mike	Melton	45-49	M	47	Aldie	VA	276	13:18	3:14	273	44:16:00	1:12	106	22:21	1:24:20		242	1:24:20
Darrell	Fogan	45-49	M	47	Washington	DC	145	9:13	2:40	235	40:19:00	1:22	272	33:22:00	1:26:54		251	1:26:54
Daniel	Maurice	45-49	M	45	Glen Burnie	MD	277	13:20	3:03	262	43:04:00	3:26	227	27:36:00	1:30:26		263	1:30:26
Terry	Basham	50-54	M	50	Dumfries	VA	142	9:12	1:28	11	29:13:00	1:23	3	16:38	57:52:00		6	57:52:00
Dave	Predzin	50-54	M	53	Gainesville	VA	34	7:25	0:39	7	28:37:00	0:48	46	20:35	58:03:00		7	58:03:00
Adrian	Stanton	50-54	M	51	Fairfax	VA	24	7:10	1:00	16	29:36:00	1:46	28	19:37	59:07:00		14	59:07:00
Steve	Lord	50-54	M	54	Oakton	VA	86	8:22	1:25	36	31:14:00	1:39	111	22:35	1:05:12		63	1:05:12
Erik	Melis	50-54	M	53	Oakton	VA	158	9:22	1:00	21	30:26:00	1:21	133	23:21	1:05:29		66	1:05:29
John	Rolaf	50-54	M	51	Stafford	VA	238	11:18	3:50	96	33:30:00	2:00	78	21:26	1:12:02		135	1:12:02
Bruce	Metge	50-54	M	53	McLean	VA	87	8:22	1:20	113	34:15:00	1:23	215	27:01:00	1:12:19		139	1:12:19
Kevin	Kelly	50-54	M	51	Fairfax	VA	132	9:03	2:58	155	35:58:00	1:25	154	24:17:00	1:13:40		154	1:13:40
Mark	Smith	50-54	M	54	Falls Church	VA	110	8:49	1:40	126	34:59:00	1:49	243	29:18:00	1:16:33		181	1:16:33
Timothy	Maier	50-54	M	51	Jessup	MD	254	11:58	3:20	243	40:57:00	2:22	258	30:51:00	1:29:26		259	1:29:26

FirstName	LastName	AG	S	Age	City	St	Rank	Swim	T1	Rank	Bike	T2	Rank	Run	Finish	Penalty	Rank	Time
Darrin	Misiera	50-54	M	42	Falls Church	VA	300	21:24	3:10	186	37:25:00	3:01	261	31:23:00	1:36:21		282	1:36:21
Tyrone	Ligon	50-54	M	50	Columbia	MD	298	20:19	5:02	245	41:01:00	4:21	264	31:44:00	1:42:26		295	1:42:26
J Hovey	Kemp	55-59	M	56	Arlington	VA	54	7:49	1:53	31	31:04:00	1:13	64	21:00	1:02:57		40	1:02:57
Joseph	Pusateri	55-59	M	55	Bethesda	MD	70	8:06	1:00	169	36:40:00	1:30	100	22:11	1:09:25		102	1:09:25
Thomas	Christiansen	55-59	M	58	Herndon	VA	242	11:23	2:45	196	38:08:00	1:04	214	27:01:00	1:20:20		217	1:20:20
Rick	McGough	55-59	M	59	Ashburn	VA	174	9:37	2:57	302	57:44:00	1:37	93	21:57	1:33:50		273	1:33:50
William	Yates	55-59	M	57	Reston	VA	272	12:54	2:58	226	39:58:00	2:20	294	37:54:00	1:36:02		281	1:36:02
Robert	Lasken	65-69	M	66	Clifton	VA	203	10:14	2:34	159	36:04:00	1:10	160	24:30:00	1:14:30		161	1:14:30
Jim	Chapman	65-69	M	68	Lovettsville	VA	258	12:05	1:59	67	32:38:00	1:36	119	22:48	1:11:04		124	1:11:04
Joseph	Hulings	65-69	M	68	Burke	VA	61	7:55	1:32	69	32:43:00	1:38	115	22:44	1:06:30		76	1:06:30
											23:05							
											13:35	1:30						
											36:40:00							