

Spring Ridge Sprint
Frederick, MD

Triathlon
230yS-4.3mB-1.5mR

September 1, 2012
Overall Results

Place	Div/Tot	Bib	Name	S	Age	Rank	Swim	Rank	Bike	Rank	Run	Finish	Penalty	Rank	Time
1	1/4	568	Joey Pickens	M	17	3	4:12	4	13:41	1	9:10	27:02	1:00	1	28:02
2	1/11	567	Rob Robertson	M	43	19	4:58	2	13:21	3	11:58	30:15		2	30:15
3	2/11	578	Larry Brown	M	40	6	4:29	3	13:39	9	12:17	30:24		3	30:24
4	2/4	562	Derek Cabral	M	16	13	4:45	5	14:03	7	12:07	30:54		4	30:54
5	1/5	545	Trey Labella	M	38	2	4:07	11	15:34	4	11:59	31:38		5	31:38
6	1/6	573	Kent Hardart	M	13	4	4:19	9	15:22	8	12:12	31:52		6	31:52
7	1/8	589	Gianni Harrington	M	12	8	4:35	6	15:11	10	12:25	32:10		7	32:10
8	1/1	564	Ronald Teribery	M	52	12	4:39	10	15:30	6	12:05	32:13		8	32:13
9	2/8	574	Henry Hardart	M	11	16	4:48	26	16:50	2	11:01	32:38		9	32:38
10	1/4	587	Lauren Epler	F	12	7	4:31	18	16:09	17	12:59	33:38		10	33:38
11	2/5	551	Timothy Huddleston	M	37	25	5:13	13	15:37	14	12:49	33:38		11	33:38
12	3/11	557	Curt Carlton	M	41	27	5:17	14	15:41	13	12:47	33:44		12	33:44
13	1/11	585	Kai Miller	F	33	5	4:27	15	15:51	22	13:38	33:55		13	33:55
14	3/8	536	Ethan Sheridan	M	11	46	5:57	17	16:00	5	12:03	33:59		14	33:59
15	1/10	566	Christina Rumancik	F	37	15	4:47	7	15:12	32	14:26	34:24		15	34:24
16	2/4	586	Anna Lausch	F	12	10	4:36	16	15:58	23	13:53	34:26		16	34:26
17	1/6	554	Andrew Frank	M	29	18	4:52	23	16:41	18	13:01	34:33		17	34:33
18	2/6	571	Christian Johnson	M	15	21	5:02	28	16:59	16	12:58	34:59		18	34:59
19	1/5	576	Tim Gardner	M	49	1	4:05	12	15:36	46	15:38	35:18		19	35:18
20	4/8	535	Victor (alex Suarez	M	10	20	5:02	27	16:52	20	13:28	35:21		20	35:21
21	2/6	570	Shaun Jones	M	28	11	4:39	8	15:20	52	16:10	36:09		21	36:09
22	3/6	563	Jared Tufts	M	14	14	4:46	25	16:47	38	14:47	36:19		22	36:19
23	2/11	541	Leslie Puzio	F	31	30	5:30	19	16:17	36	14:34	36:21		23	36:21
24	2/5	517	Andrew Baillie	M	48	53	6:16	20	16:18	28	14:05	36:39		24	36:39
25	3/6	487	Matthew Noland	M	29	35	5:45	36	18:28	12	12:29	36:40		25	36:40
26	3/11	523	Betsy Moore	F	30	40	5:50	32	17:31	26	14:00	37:20		26	37:20
27	3/4	518	Ryan Simons	M	19	38	5:48	47	19:35	11	12:27	37:48		27	37:48
28	5/8	519	Zachary Rumancik	M	12	44	5:56	35	18:14	24	13:58	38:07		28	38:07
29	4/11	546	David MacGrath	M	44	48	5:59	34	18:13	25	14:00	38:11		29	38:11
30	1/2	534	Michael Sutandi	M	32	29	5:25	49	19:42	19	13:14	38:20		30	38:20
31	5/11	559	Vaughn Temple	M	40	56	6:25	24	16:43	45	15:20	38:27		31	38:27
32	1/8	544	Ellen Medlock	F	42	23	5:11	22	16:39	57	16:39	38:28		32	38:28
33	1/8	516	Lark Dunham	F	45	58	6:25	29	17:05	41	15:02	38:31		33	38:31
34	6/8	509	Austin Rumancik	M	10	64	6:38	41	19:03	15	12:52	38:32		34	38:32
35	4/11	588	Gladys Arrisueno	F	33	9	4:35	57	20:21	29	14:06	39:02		35	39:02

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36	4/6	572	Brad Havins	M	27	22	5:05	21	16:36	66	17:32	39:12		36	39:12
37	2/8	512	Karen Hardart	F	47	79	7:17	31	17:21	42	15:03	39:40		37	39:40
38	5/6	579	Petar Dordevic	M	29	42	5:53	51	19:51	27	14:04	39:47		38	39:47
39	2/10	502	Kate Suarez	F	38	41	5:51	45	19:26	37	14:38	39:53		39	39:53
40	6/11	497	Keith Collins	M	43	63	6:34	42	19:06	31	14:21	40:00		40	40:00
41	5/11	465	Adonis White	F	33	74	7:04	55	20:02	21	13:34	40:40		41	40:40
42	1/1	540	Meghan Rixey	F	18	33	5:37	61	20:39	34	14:31	40:46		42	40:46
43	6/11	515	Letitia Dzirasa	F	31	54	6:20	54	19:55	39	14:51	41:05		43	41:05
44	3/10	556	Jennifer Connor	F	37	34	5:38	40	19:01	58	16:41	41:19		44	41:19
45	1/4	553	Abby Gambrel	F	29	75	7:08	33	18:00	55	16:27	41:34		45	41:34
46	1/1	468	Richard Hopkins	M	60	83	7:41	30	17:17	47	15:42	40:38	1:00	46	41:38
47	3/5	471	Stuart Wilkins	M	47	68	6:48	50	19:47	43	15:05	41:39		47	41:39
48	4/10	522	Melissa Morin	F	36	45	5:56	43	19:11	60	16:43	41:49		48	41:49
49	7/11	479	Bryan Scheck	M	40	90	8:44	44	19:14	30	14:10	42:08		49	42:08
50	3/5	548	Jason Ingram	M	36	62	6:31	39	18:52	62	17:02	42:24		50	42:24
51	5/10	511	Christina Mabry	F	36	78	7:16	58	20:24	44	15:11	42:49		51	42:49
52	4/4	501	Alexander Daddone	M	16	49	6:00	63	20:57	49	15:54	42:50		52	42:50
53	3/8	489	Kimberly McClure	F	48	72	6:58	46	19:30	56	16:30	42:57		53	42:57
54	4/5	469	John Middlebrook	M	45	76	7:09	37	18:39	63	17:11	42:58		54	42:58
55	1/1	484	Larry Steinly	M	56	80	7:21	65	21:20	33	14:27	43:06		55	43:06
56	4/8	552	Margaret Hanrahan	F	46	51	6:12	38	18:45	73	18:35	43:31		56	43:31
57	4/5	472	Matthew Sedgley	M	38	66	6:48	48	19:36	64	17:17	43:40		57	43:40
58	7/8	527	Jason Holt	M	11	70	6:52	64	21:03	53	16:16	44:10		58	44:10
59	2/2	543	Kp Murphy	M	33	61	6:31	53	19:51	70	17:56	44:16		59	44:16
60	5/5	565	Jeff Stouffer	M	36	24	5:13	78	23:17	50	16:04	44:33		60	44:33
61	7/11	488	Shannon Nicholson	F	30	55	6:23	59	20:28	69	17:50	44:41		61	44:41
62	5/5	467	Ethan Roberts	M	47	73	7:03	67	21:34	51	16:09	44:44		62	44:44
63	5/8	529	April Doss	F	45	50	6:01	52	19:54	78	19:18	45:12		63	45:12
64	8/11	582	Reza Sutandi	M	42	43	5:54	70	21:56	68	17:38	45:27		64	45:27
65	1/1	504	Sarah Kanuch	F	14	60	6:27	71	22:16	61	16:50	45:32		65	45:32
66	8/11	513	Victoria Gelfman	F	30	81	7:26	69	21:46	59	16:41	45:52		66	45:52
67	6/10	470	Mary Robertson	F	37	36	5:46	73	22:33	71	18:10	46:28		67	46:28
68	2/4	503	Liz Rowan	F	29	52	6:16	85	25:59	40	14:52	47:06		68	47:06
69	6/8	474	Lisa Angstadt	F	49	94	9:43	56	20:14	67	17:35	47:31		69	47:31
70	9/11	525	Marcie Lenaghan	F	30	37	5:46	77	23:14	74	18:35	47:34		70	47:34

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71	2/8	524	Kathleen Lorenzo	F	44	65	6:38	60	20:36	87	20:25	47:39		71	47:39
72	9/11	555	Rob Evans	M	43	39	5:49	66	21:25	88	20:40	47:53		72	47:53
73	6/6	533	Derek Wallbank	M	29	26	5:16	72	22:18	89	20:44	48:17		73	48:17
74	7/8	473	Kelly Pereira	F	49	93	9:14	68	21:45	65	17:20	48:18		74	48:18
75	7/10	480	Aneesha Plumey	F	37	92	9:12	76	22:57	54	16:20	48:28		75	48:28
76	10/11	486	Travis Pittman	M	41	71	6:53	62	20:49	90	20:59	48:40		76	48:40
77	3/8	506	Cathy Hackett	F	40	86	8:29	81	24:25	48	15:51	48:45		77	48:45
78	8/8	537	Thomas Scherer	M	11	67	6:48	74	22:41	82	20:04	49:31		78	49:31
79	11/11	547	Garett Jones	M	42	28	5:17	1	13:05	97	31:13	49:35		79	49:35
80	4/8	538	Sarah Scherer	F	42	69	6:51	75	22:42	83	20:04	49:36		80	49:36
81	8/10	481	Sara Zywicki	F	39	57	6:25	84	25:29	72	18:19	50:13		81	50:13
82	4/6	492	William Kubistal	M	13	89	8:43	80	24:03	75	18:41	51:25		82	51:25
83	10/11	584	Linda Ruszkowski	F	30	32	5:32	87	26:27	79	19:44	51:42		83	51:42
84	5/8	491	Cheri Langehennig	F	44	82	7:33	79	23:17	92	21:43	52:32		84	52:32
85	8/8	483	Patrice Thomas	F	49	85	8:19	82	25:16	84	20:06	53:39		85	53:39
86	5/6	581	Darrick Ross	M	14	17	4:48	86	26:16	93	22:40	53:43		86	53:43
87	11/11	485	Jessica Rossman	F	34	91	9:04	83	25:17	85	20:10	54:30		87	54:30
88	3/4	496	Angela Dallavalle	F	26	47	5:58	93	29:19	80	19:54	55:10		88	55:10
89	3/4	478	Sophie Scheck	F	11	88	8:36	89	28:12	76	18:47	55:35		89	55:35
90	9/10	477	Tara Scheck	F	39	87	8:30	90	28:19	77	19:02	55:50		90	55:50
91	4/4	510	Isabella Mascardo	F	10	77	7:11	92	29:14	81	19:55	56:19		91	56:19
92	1/1	498	Jim Schropp	M	69	95	9:43	88	27:23	91	21:05	58:10		92	58:10
93	1/1	539	Mary Schade	F	66	59	6:26	91	28:30	96	26:35	1:01:30		93	1:01:30
94	6/8	482	Kimberly Townsend	F	44	84	7:59	94	30:25	94	23:39	1:02:02		94	1:02:02
95	7/8	476	Ellen Schein	F	42	97	10:48	97	38:38	86	20:14	1:09:40		95	1:09:40
96	8/8	466	Yanick Kane	F	40	96	10:01	98	45:09	95	24:59	1:20:07		96	1:20:07
97	4/4	550	Ashley Huffman	F	27	98	10:49	96	37:46	98	32:24	1:20:58		97	1:20:58
98	1/1	531	Karen Ross	F	50	100	11:52	95	35:56	100	41:34	1:29:21		98	1:29:21
99	10/10	499	Uniece Soverall	F	39	99	11:34	99	46:41	99	33:05	1:31:19		99	1:31:19
		500	Anthony Walton	M	15		5:30				14:33				DNF
		507	Gina Doney	F	30		5:56				13:24				DNF
		500	Anthony Walton	M	15		5:30				14:33				DNF
		558	Katherine Malone	F	39		6:49				27:16				DNF
		475	Jamie Spiers	F	16		10:54		33:37						DNF
		560	Clayton Ross	M	11		5:55		42:50						DNF