

<u>FirstName</u>	<u>LastName</u>	<u>City</u>	<u>St</u>	<u>age group</u>	<u>Sex</u>	<u>R-Place</u>	<u>Run</u>	<u>B-Place</u>	<u>Bike (+T1)</u>	<u>S-Place</u>	<u>Swim (+T2)</u>	<u>OA-Place</u>	<u>Time</u>	<u>Awards</u>
Clare	Singer	Rockville	MD	10-12	F	87	11:05					149	40:01:00	1
Elise	Durusu	Manassas	VA	10-12	F	203	14:55	177	21:15	79	7:05	188	43:14:00	2
Ekaterina	Graf	Herndon	VA	10-12	F	135	12:00	207	24:25:00	174	9:09	206	45:32:00	3
Jaelen	White	Woodbridge	VA	10-12	F	204	14:56	209	25:30:00	104	7:26	216	47:50:00	
Jamie	Spiers	Potomac	MD	10-12	F	225	20:40	212	28:14:00	193	10:02	227	58:55:00	
Emma	Nowak	Manassas	VA	13-15	F	22	9:13	148	19:45	20	5:40	62	34:37:00	1
Allison	Brady	Great Falls	VA	13-15	F	38	9:28	157	20:11	28	5:53	78	35:31:00	2
Jennifer	Markin	Fairfax	VA	13-15	F	59	10:09	138	19:27	95	7:17	107	36:53:00	3
Abby	Basham	Dumfries	VA	13-15	F	121	11:46	195	22:46	66	6:55	169	41:25:00	
Carrie	Sullivan	Manassas	VA	13-15	F	219	17:23	208	25:16:00	210	13:51	226	56:29:00	
Jayne-Marie	Haley	Alexandria	VA	16-19	F	155	12:30	125	18:49	15	5:34	106	36:52:00	1
Ciara	Prencipe	Alexandria	VA	16-19	F	122	11:47	176	21:08	52	6:39	142	39:33:00	2
Pamela	Atkin	Silver Spring	MD	20-24	F	171	13:07	159	20:18	58	6:51	152	40:15:00	1
Kristin	Wang	Fairfax	VA	20-24	F	179	13:27	183	21:44	13	5:30	159	40:41:00	2
Lindsay	Patterson	Alexandria	VA	20-24	F	185	13:45	191	22:15	198	10:34	211	46:33:00	3
Bridget	Lovas	Fairfax	VA	20-24	F	212	15:26					214	47:09:00	
Michelle	Miller	Damascus	MD	25-29	F	7	8:20	18	14:41	48	6:33	13	29:33:00	1st F O'all
Laura	Bergmann	Charles Town	WV	25-29	F	48	9:51	20	14:56	142	8:14	44	33:00:00	1
Kelly	Donner	Frederick	MD	25-29	F	60	10:10	86	17:12	112	7:32	65	34:53:00	2
Kathryn	Gill	Arlington	VA	25-29	F	117	11:38	85	17:09	50	6:37	75	35:24:00	3
Rebecca	Tallent	Washington	DC	25-29	F	74	10:36	101	18:03	67	6:55	80	35:34:00	
Lindsay	Webster	Burke	VA	25-29	F	100	11:14	84	17:07	102	7:24	85	35:45:00	
Brianna	Krull	St. James	MD	25-29	F	124	11:48	107	18:19	31	5:54	90	36:00:00	
Marisa	Peacock	Alexandria	VA	25-29	F	96	11:11	43	15:49	190	9:51	105	36:50:00	
Megan	Collins	Baltimore	MD	25-29	F	114	11:35	88	17:14	144	8:15	109	37:03:00	
Christine	Demetz	Centreville	VA	25-29	F	118	11:39	120	18:39	132	7:54	118	38:11:00	
Ashleigh	McClure	Burke	UT	25-29	F	65	10:19	160	20:18	118	7:41	122	38:17:00	
deborah	Rothlein	Manassas	VA	25-29	F	157	12:33	112	18:23	117	7:40	128	38:36:00	
Rosemary	Frey	Silver Spring	MD	25-29	F	127	11:49	110	18:21	175	9:09	136	39:18:00	
Susan	McKay	Rockville	MA	25-29	F	126	11:49	108	18:20	178	9:18	137	39:25:00	
Denaye	Prine	Washington	DC	25-29	F	93	11:10	115	18:26	191	9:58	141	39:32:00	
Miriam	Joy	Fairfax	VA	25-29	F	116	11:37	184	21:46	72	6:58	154	40:19:00	
Kristen	Lovas	Fairfax	VA	25-29	F	151	12:22					158	40:34:00	
Stephanie	Shipko	Woodbridge	VA	25-29	F	159	12:34	199	22:53	26	5:50	167	41:16:00	
Megan	Herzog	Arlington	VA	25-29	F	202	14:52	131	18:59	143	8:14	176	42:05:00	
Amanda	Proch	Woodbridge	VA	25-29	F	134	12:00	182	21:30	168	8:50	179	42:19:00	
Trista	Soendker Nicholson	Washington	DC	25-29	F	180	13:34	175	21:04	150	8:24	186	43:01:00	
Tina	Jonas	Washington	DC	25-29	F	208	15:15	137	19:26	159	8:39	191	43:19:00	
Dawn	Miller	Columbia	MD	25-29	F	153	12:26	174	21:02	202	11:26	203	44:52:00	
Sarah	Dixon	Owings Mills	MD	25-29	F	197	14:16	186	21:52	200	10:56	213	47:03:00	

FirstName	LastName	City	St	age group	Sex	R-Place	Run	B-Place	Bike (+T1)	S-Place	Swim (+T2)	OA-Place	Time	Awards
Robin	Hoffman	Harpers Ferry	WV	30-34	F	55	10:05	46	15:55	84	7:07	45	33:06:00	1
Anita	Scott	Silver Spring	MD	30-34	F	66	10:20	90	17:19	17	5:38	47	33:15:00	2
Annette	Pugin	Springfield	VA	30-34	F	94	11:10	56	16:25	49	6:36	56	34:09:00	3
Jennifer	Murphy	Fairfax	VA	30-34	F	149	12:19	76	16:57	29	5:53	71	35:08:00	
Constance	Mack	Leesburg	VA	30-34	F	139	12:05	158	20:17	1	4:09	99	36:30:00	
Melanie	Rodas	Fairfax	VA	30-34	F	141	12:07	147	19:45	45	6:23	121	38:14:00	
Tammy	Farmer	Alexandria	VA	30-34	F	177	13:25	117	18:28	47	6:27	125	38:19:00	
Julie	McNeil	Bethesda	MD	30-34	F	150	12:20	161	20:18	94	7:15	147	39:52:00	
Misty	Wine	Silver Spring	MD	30-34	F	158	12:33	133	19:02	153	8:33	150	40:07:00	
Kara	DeWitt	Vienna	VA	30-34	F	188	13:54	132	19:01	139	8:06	163	41:00:00	
Tammy	Marko	Sterling	VA	30-34	F	191	14:00	113	18:24	161	8:41	164	41:03:00	
Beth	Wilt	Washington	DC	30-34	F	143	12:08					166	41:15:00	
Peggy	Canopy	Bowie	MD	30-34	F	187	13:53	162	20:22	130	7:53	177	42:07:00	
Heather	Murphy	Fairfax	VA	30-34	F	216	16:02	134	19:10	126	7:47	185	42:58:00	
Lisa	Overman	Silver Spring	MD	30-34	F	205	14:59	154	20:08	140	8:07	187	43:13:00	
Kimberley	Wright	Alexandria	VA	30-34	F	106	11:23	204	23:52	148	8:21	194	43:35:00	
Jessica	Williamson	Warrenton	VA	30-34	F	183	13:42	202	23:27	55	6:47	197	43:55:00	
Natalie	McCain	Richmond	VA	30-34	F	198	14:17	206	24:22:00	149	8:22	212	47:00:00	
Lucia	Verrier	Vienna	VA	30-34	F	206	15:06	210	26:24:00	113	7:32	218	49:01:00	1
Lisa	Goehner	Annandale	VA	35-39	F	63	10:16	75	16:55	10	5:26	41	32:35:00	2
Kelly	Appler	Silver Spring	MD	35-39	F	119	11:41	27	15:17	27	5:52	43	32:49:00	3
Ariel	Lotz	Woodbridge	VA	35-39	F	162	12:39	22	15:03	65	6:53	61	34:35:00	
Corinne	Moriatis	Ashburn	VA	35-39	F	49	9:52	57	16:26	158	8:38	67	34:54:00	
Carli	Bertrand	Washington	DC	35-39	F	144	12:09					68	35:06:00	
Lisa	Fredrick	Leesburg	VA	35-39	F	103	11:16	66	16:39	92	7:14	70	35:07:00	
Robin	Orlando	Woodbridge	VA	35-39	F	154	12:27	64	16:36	38	6:12	72	35:14:00	
Christine	Sullivan	Broadlands	VA	35-39	F	82	10:58	91	17:22	89	7:11	77	35:29:00	
Becky	Slominski	Fredericksburg	VA	35-39	F	92	11:08	93	17:29	68	6:56	79	35:31:00	
Christina	Higgins	Alexandria	VA	35-39	F	111	11:31	60	16:31	146	8:19	95	36:19:00	
Jennifer	Griffith	Herndon	VA	35-39	F	84	10:59	77	16:59	151	8:29	97	36:26:00	
Heather	Thomas	Reston	VA	35-39	F	137	12:04	95	17:43	78	7:02	104	36:48:00	
Alison	Moore	Gainesville	VA	35-39	F	146	12:13	136	19:19	18	5:39	110	37:10:00	
Michelle	Ayala	Haymarket	VA	35-39	F	85	11:02	145	19:44	62	6:52	114	37:37:00	
Suzanne	Williamson	Manassas	VA	35-39	F	133	11:58	127	18:51	82	7:07	117	37:55:00	
Anita	Lopez	Alexandria	VA	35-39	F	161	12:38	139	19:29	145	8:16	156	40:22:00	
Carrie	Dugan Brubaker	Falls Church	VA	35-39	F	184	13:42	190	22:06	6	4:57	160	40:44:00	
Claudine	McEntee	Manassas	VA	35-39	F	105	11:16	187	21:58	116	7:39	162	40:52:00	
Jennifer	Dennis	Reston	VA	35-39	F	163	12:41	178	21:16	90	7:12	165	41:08:00	
Margaret	Graf	Herndon	VA	35-39	F	199	14:18	151	19:50	99	7:21	170	41:28:00	
Rachel	Joyner	Centreville	VA	35-39	F	181	13:40	201	23:26	4	4:45	173	41:50:00	

<u>FirstName</u>	<u>LastName</u>	<u>City</u>	<u>St</u>	<u>age group</u>	<u>Sex</u>	<u>R-Place</u>	<u>Run</u>	<u>B-Place</u>	<u>Bike (+T1)</u>	<u>S-Place</u>	<u>Swim (+T2)</u>	<u>OA-Place</u>	<u>Time</u>	<u>Awards</u>
Susan	Tanigawa	Fairfax	VA	35-39	F	211	15:25	141	19:39	87	7:09	178	42:12:00	
Christy	Rogers	Alexandria	VA	35-39	F	209	15:22	169	20:41	57	6:50	183	42:51:00	
Jill	Nyhus	Kensington	MD	35-39	F	207	15:07	150	19:48	196	10:23	204	45:17:00	
Laura	Neil			40-44	F	37	9:24	21	14:58	103	7:25	33	31:46:00	3rd F O'all
Paula	Swanson	Alexandria	VA	40-44	F	72	10:35	80	17:01	85	7:08	63	34:42:00	1
Nancy	Bruno	South Riding	VA	40-44	F	160	12:38	53	16:20	75	7:00	89	35:58:00	2
Miriam	Friedman	Silver Spring	MD	40-44	F	90	11:07	111	18:23	96	7:19	103	36:47:00	3
Tracy	Endo	Sterling	VA	40-44	F	138	12:05	82	17:04	131	7:54	108	37:02:00	
Amelia	Underwood	Harrisonburg	VA	40-44	F	120	11:41	97	17:51	162	8:41	119	38:12:00	
Anne	McMurry	Silver Spring	MD	40-44	F	156	12:30	128	18:54	73	6:59	126	38:22:00	
Marianne	Perciaccante	Alexandria	VA	40-44	F	189	13:58	58	16:27		8:09	127	38:34:00	
Laurie	Martin	Broadlands	VA	40-44	F	89	11:06	135	19:13	166	8:48	132	39:05:00	
Rebecca	Christen	Round Hill	VA	40-44	F	132	11:57	102	18:04	187	9:41	144	39:41:00	
Kelly	Blondin	Haymarket	VA	40-44	F	113	11:34	155	20:08	137	8:00	145	39:42:00	
Ellie	Howard	Ashburn	VA	40-44	F	173	13:17	109	18:21	177	9:12	161	40:49:00	
Lois	McInnes	Rockville	MD	40-44	F	166	12:52	144	19:43	165	8:44	168	41:18:00	
Lisa	Lindsley	Washington	DC	40-44	F	196	14:15	103	18:08	173	9:09	171	41:31:00	
Loretta	Prencipe	Alexandria	VA	40-44	F	169	13:02	189	21:59	129	7:52	182	42:51:00	
Annice	Lee	Vienna	VA	40-44	F	172	13:08	123	18:45	201	11:03	184	42:55:00	
Mary	Kassem	Bristow	VA	40-44	F	201	14:42	167	20:37	134	7:57	189	43:15:00	
Yvonne	De Ridder	Fairfax	VA	40-44	F	192	14:01	142	19:40	184	9:36	190	43:16:00	
Barbara	Sacks	Washington	DC	40-44	F	147	12:14	170	20:41	197	10:26	192	43:20:00	
Linda	Figley	Annandale	VA	40-44	F							196	43:50:00	
Carrie	Johnson	Burke	VA	40-44	F	178	13:26	188	21:58	154	8:34	198	43:58:00	
Annette	Bobby	Reston	VA	40-44	F	170	13:02	179	21:16	188	9:47	199	44:05:00	
Acacia	Ellis	Manassas	VA	40-44	F	215	15:50	118	18:33	189	9:48	201	44:10:00	
Michelle	Daikos	Herndon	VA	40-44	F	148	12:19	185	21:51	203	11:34	209	45:43:00	
Cindy	Spiers	Potomac	MD	40-44	F	221	17:51	211	27:37:00	199	10:35	225	56:01:00	
Beth	Baker	Arlington	VA	45-49	F	73	10:36	34	15:29	25	5:47	35	31:50:00	1
Carolyn	Bane	Vienna	VA	45-49	F	34	9:22	52	16:16	63	6:53	40	32:29:00	2
Jackie	Gaskill	Reston	VA	45-49	F	167	12:57	89	17:16	93	7:14	113	37:26:00	3
Susan	Somersall	Leesburg	VA	45-49	F	200	14:23	83	17:05	127	7:47	133	39:14:00	
Susan	Kruchten	Leesburg	VA	45-49	F	129	11:53	164	20:27	88	7:11	139	39:29:00	
Nicole	Levesque	Silver Spring	MD	45-49	F	168	13:01	146	19:45	128	7:48	157	40:33:00	
Beth	Ramsey	Charlotte Hall	MD	45-49	F	190	13:59	168	20:39	101	7:24	175	42:01:00	
Judy	Brookes	Cabin John	MD	45-49	F	194	14:12	194	22:37	167	8:50	208	45:38:00	
Laura	Stohman	Clarksburg	MD	45-49	F	214	15:33	165	20:34	186	9:37	210	45:43:00	
Maureen	Rudell	Smithsburg	MD	45-49	F	213	15:30	205	23:57	204	11:38	223	51:03:00	
Susan	Sheehan	Haymarket	VA	45-49	F	140	12:06						dnf	
Elizabeth	Starr	Aldie	VA	50-54	F	35	9:23	32	15:26	69	6:56	30	31:44:00	2nd F O'all

FirstName	LastName	City	St	age group	Sex	R-Place	Run	B-Place	Bike (+T1)	S-Place	Swim (+T2)	OA-Place	Time	Awards
Kathleen	Creveling	Hume	VA	50-54	F	142	12:08	78	16:59	108	7:27	100	36:33:00	1
Carol	Houck	Woodbine	MD	50-54	F	152	12:24	73	16:52	171	9:04	124	38:18:00	2
Susan	Bromm	Alexandria	VA	50-54	F	182	13:41	126	18:51	125	7:47	153	40:18:00	3
Annette	Broome	Indian Head	MD	50-54	F	175	13:21	143	19:41	97	7:19	155	40:21:00	
Joy	Smith	Woodbridge	VA	50-54	F	217	16:36	114	18:25	51	6:39	172	41:39:00	
Colleen	Hoar	Fairfax Statio	VA	50-54	F	186	13:47	173	21:00	135	8:00	181	42:46:00	
Carolyn	Eskew	Leesburg	VA	50-54	F	218	17:19	196	22:49	192	9:58	220	50:05:00	
Mary	Villiva	Burke	VA	55-59	F	88	11:05	121	18:39	176	9:10	129	38:53:00	1
Gigi	Castle	Springfield	VA	55-59	F	174	13:18	3	13:31	208	12:42	140	39:30:00	2
Cate	Johnson	Reston	VA	55-59	F	210	15:23	197	22:50	183	9:35	215	47:47:00	3
Nancy	Murphy	Waldorf	MD	55-59	F	224	19:45					221	50:08:00	
Jane	Lovas	Fairfax	VA	55-59	F	223	19:44					222	50:22:00	
Ruth	Hamilton	McLean	VA	60-64	F	164	12:47	92	17:25	111	7:29	115	37:41:00	1
David	Roberts	Woodbridge	VA	10-12	M	41	9:33	36	15:36	81	7:06	37	32:14:00	1
Ryan	Baker	Arlington	VA	10-12	M	56	10:07	96	17:44	19	5:40	49	33:30:00	2
Mark	Fertal	Oakton	VA	10-12	M	69	10:30	104	18:10	83	7:07	86	35:46:00	3
Tristan	Keightley	Alexandria	VA	10-12	M	77	10:38	140	19:35	32	5:56	92	36:07:00	
Jacob	Markin	Fairfax	VA	10-12	M	107	11:25	192	22:29	42	6:18	151	40:11:00	
Jesse	Chopak	Bethesda	MD	10-12	M	25	9:14	180	21:17	209	13:38	200	44:08:00	
Eric	Williamson	Manassas	VA	10-12	M	99	11:14	203	23:45	180	9:27	202	44:24:00	
Dylan	Morgan	Fairfax Statio	VA	13-15	M	10	8:26	17	14:40	3	4:39	6	27:44:00	1
Chris	Fertal	Oakton	VA	13-15	M	40	9:32	59	16:29	7	5:13	27	31:14:00	2
Dylan	Keightley	Alexandria	VA	13-15	M	45	9:39	163	20:24	14	5:34	81	35:36:00	3
Alec	Villiva	Burke	VA	16-19	M	1	7:11	16	14:33	21	5:41	2	27:24:00	2nd O'all-T
Bernard	Stoll	Alexandria	VA	16-19	M	17	9:05	51	16:14	22	5:41	22	30:59:00	1
Stephen	Coaker	Fairfax Statio	VA	20-24	M	53	10:00	106	18:11	106	7:27	82	35:37:00	1
J.R.	Stratton	Falls Church	VA	25-29	M	4	8:14	2	13:25	16	5:38	1	27:15:00	1st O'all
Grant	Wasch	Fairfax	VA	25-29	M	19	9:10	8	14:00	5	4:55	7	28:05:00	1
Daniel	Manner	Alexandria	VA	25-29	M	26	9:15	14	14:23	46	6:26	17	30:02:00	2
Jeffrey	Strahota	Chevy Chase	MD	25-29	M	24	9:14	38	15:39	36	6:05	21	30:57:00	3
Barrett	Powers	Alexandria	VA	25-29	M	12	8:54	47	15:58	37	6:09	23	31:00:00	
Robert	Miller	Alexandria, Va	TX	25-29	M	13	8:56					26	31:13:00	
Kris	Cuccinelli	Falls Church	VA	25-29	M	28	9:16	50	16:13	43	6:18	34	31:46:00	
Brent	Bradley	Reston	VA	25-29	M	32	9:21	30	15:22	98	7:21	36	32:02:00	
Brian	Knode	Owings Mills	MD	25-29	M	50	9:56	67	16:42	120	7:43	58	34:20:00	
Colin	Johnson	Washington	DC	25-29	M	57	10:07	68	16:43	138	8:01	64	34:50:00	
Nicholas	Luppino	Odenton	MD	25-29	M	18	9:09	94	17:38	164	8:42	76	35:28:00	
Chris	Proch	Woodbridge	VA	25-29	M					136	8:00	98	36:28:00	
Matt	Appleton	Owings Mills	MD	25-29	M	79	10:47	152	19:50	160	8:39	135	39:16:00	
Bryan	Lynch	Fairfax	VA	25-29	M	102	11:15	149	19:48	155	8:35	143	39:37:00	

FirstName	LastName	City	St	age group	Sex	R-Place	Run	B-Place	Bike (+T1)	S-Place	Swim (+T2)	OA-Place	Time	Awards
Nelson	Stewart	Fredericksburk	VA	25-29	M	104	11:23	171	20:45	124	7:45	146	39:52:00	
Joseph	Gregory	Manassas	VA	25-29	M	125	11:49	99	17:59	194	10:10	148	39:57:00	
Richard	Johnson	Sterling	VA	25-29	M	193	14:03	198	22:53	163	8:42	207	45:37:00	
Walter	English	Alexandria	VA	25-29	M	220	17:30	193	22:34	181	9:32	219	49:35:00	
Radovan	Mijuskovic	Alexandria	VA	30-34	M	2	7:38	9	14:03	24	5:44	3	27:24:00	2nd O'all-T
Andrew	Greve	Mathews	VA	30-34	M	6	8:20	1	13:25	34	5:58	4	27:41:00	1
Dave	Ashley	Chantilly	VA	30-34	M	11	8:36	4	13:40	54	6:45	12	29:01:00	2
Leland	Waldrup	V.lenna	VA	30-34	M	15	9:01	23	15:07	105	7:26	28	31:32:00	3
Ben	Rossi	Sterling	VA	30-34	M	44	9:37	28	15:20	56	6:48	31	31:44:00	
Bradley	Toms	Frederick	MD	30-34	M	51	9:58	26	15:16	107	7:27	42	32:41:00	
Travis	Levy	Alexandria	VA	30-34	M	43	9:35	69	16:43	61	6:52	46	33:09:00	
Mark	Herrington	Waldorf	MD	30-34	M	67	10:25	41	15:46	121	7:43	52	33:53:00	
Michael	Roberts	Fairfax	VA	30-34	M	108	11:25	25	15:09	114	7:34	55	34:07:00	
Matthew	Olsen	Sykesville	MD	30-34	M	110	11:28	45	15:53	77	7:02	59	34:23:00	
Bruce	Summerfield	Reston	VA	30-34	M	46	9:43	71	16:48	169	8:51	73	35:20:00	
Chad	McCain	Richmond	VA	30-34	M	31	9:20	130	18:58	100	7:24	83	35:41:00	
Sheldon	Buytenhuys	Potomac Falls	UT	30-34	M	81	10:50	72	16:51	141	8:08	87	35:48:00	
David	Marko	Sterling	VA	30-34	M	109	11:26	87	17:13	182	9:34	120	38:12:00	
Robert	Osterried	Sterling	VA	35-39	M	3	8:13					9	28:37:00	1
Daemon	Morrell	Haymarket	VA	35-39	M	39	9:29	5	13:46	11	5:28	10	28:42:00	2
David	Hayes	Leesburg	VA	35-39	M	20	9:10	10	14:08	12	5:30	11	28:48:00	3
Antoine	Vagnini	Bethesda	MD	35-39	M	23	9:14	24	15:08	8	5:22	14	29:43:00	
Rodrigo	Garcia	Centreville	VA	35-39	M	14	8:57					18	30:17:00	
Paul	Phaneuf	Leesburg	VA	35-39	M	30	9:20	35	15:33	60	6:52	29	31:44:00	
Bill	Miller	Leesburg	VA	35-39	M	33	9:21	49	16:03	80	7:05	39	32:29:00	
Jarad	Phelps	Bealeton	VA	35-39	M	36	9:23	33	15:27	157	8:37	48	33:26:00	
Warren	Linnerooth	Chevy Chase	MD	35-39	M	62	10:14	74	16:52	86	7:08	57	34:14:00	
Shitij Ginni""	Sharma	Ashburn	VA	35-39	M	68	10:29	79	17:01	76	7:01	60	34:29:00	
Christopher	Libeau	Vienna	VA	35-39	M	42	9:34	98	17:51	109	7:29	66	34:54:00	
David	Rozelle			35-39	M	95	11:10					94	36:14:00	
Rex	Miller	Alexandria	VA	35-39	M	112	11:33	129	18:56	39	6:12	101	36:41:00	
Dan	Morgan	Purcellville	VA	35-39	M	123	11:47	122	18:43	41	6:16	102	36:46:00	
John	Cooper	Richmond	VA	35-39	M	76	10:37	100	18:02	156	8:37	111	37:15:00	
Alvin	Furtner	Falls Church	VA	35-39	M	131	11:56	116	18:28	133	7:55	123	38:18:00	
Joseph	Graf	Herndon	VA	35-39	M	195	14:15	156	20:09	2	4:34	131	38:57:00	
Jason	Clark	Woodstock	VA	35-39	M	71	10:33	181	21:23	205	11:40	193	43:35:00	
Ernest	Wearren	Manassas	VA	35-39	M	136	12:01	119	18:36	211	14:49	205	45:25:00	
Jeffrey	Jones	Ashburn	VA	35-39	M	75	10:36	70	16:47				dnf	
Elan	Krueger	Potomac	MD	40-44	M	9	8:25	7	13:55	9	5:24	5	27:43:00	1
Dan	Twomey	Alexandria	VA	40-44	M	16	9:02	13	14:18	91	7:13	19	30:33:00	2

<u>FirstName</u>	<u>LastName</u>	<u>City</u>	<u>St</u>	<u>age group</u>	<u>Sex</u>	<u>R-Place</u>	<u>Run</u>	<u>B-Place</u>	<u>Bike (+T1)</u>	<u>S-Place</u>	<u>Swim (+T2)</u>	<u>OA-Place</u>	<u>Time</u>	<u>Awards</u>
Mark	Raiford	Amissville	VA	40-44	M	47	9:48	31	15:25	33	5:57	25	31:09:00	3
Matt	Triola	Vienna	VA	40-44	M	27	9:16	37	15:39	59	6:52	32	31:45:00	
Stuart	Brandt	Ashburn	VA	40-44	M	128	11:51	44	15:52	30	5:53	50	33:36:00	
Kenneth	Fortes	North Haven	CT	40-44	M					115	7:34	84	35:43:00	
Steven	Singer	Rockville	MD	40-44	M	130	11:55	55	16:24	123	7:45	91	36:02:00	
William	Pittard	Manassas	VA	40-44	M	64	10:17	61	16:31	179	9:24	93	36:11:00	
Richard	Engelstad	Arlington	VA	40-44	M	78	10:41	65	16:38	172	9:05	96	36:23:00	
Michael	Manning	Centreville	VA	40-44	M	61	10:11	62	16:32	207	12:12	130	38:54:00	
Dan	Maurice	Ellicott City	MD	40-44	M	101	11:15	172	21:00	185	9:37	174	41:51:00	
Todd	Blondin	Haymarket	VA	40-44	M	145	12:09	153	20:07	195	10:21	180	42:36:00	
Tom	Cook	Chantilly	VA	45-49	M	5	8:18	6	13:48	35	6:05	8	28:09:00	1
Charles	Claar	Potomac Falls	VA	45-49	M	8	8:24	19	14:42	110	7:29	20	30:34:00	2
Martin	Fertal	Oakton	VA	45-49	M	54	10:04	12	14:15	53	6:45	24	31:03:00	3
Dan	Deckler	Alexandria	VA	45-49	M	98	11:13	40	15:45	70	6:57	53	33:55:00	
Robert	Martinez	Alexandria	VA	45-49	M	52	10:00	63	16:32	170	8:52	74	35:23:00	
Henry	Sittner	Fulton	MD	45-49	M	86	11:04	81	17:03	122	7:43	88	35:49:00	
Robert	Thomas	Herndon	VA	45-49	M	165	12:49	105	18:11	152	8:29	138	39:28:00	
Glenn	Stephens	Washington	DC	45-49	M	226	21:54	48	16:00	23	5:43	195	43:37:00	
William	Sullivan	Manassas	VA	45-49	M	222	18:06	124	18:46	206	12:10	217	49:01:00	
Adrian	Stanton	Fairfax	VA	50-54	M	29	9:18	11	14:09	44	6:22	15	29:48:00	1
Grant	Petrie	Alexandria	VA	50-54	M	58	10:08	29	15:22	71	6:57	38	32:26:00	2
John	Hoover	Annandale	VA	50-54	M	70	10:31	54	16:21	64	6:53	51	33:43:00	3
Rick	Holt	Arlington	VA	50-54	M	97	11:12	42	15:48	74	7:00	54	33:58:00	
William	Theobald	Annandale	VA	50-54	M	115	11:35					112	37:22:00	
Nezih	Durusu	Manassas	VA	50-54	M	83	10:58	166	20:37	119	7:41	134	39:15:00	
Jim	Clarke	Amissville	VA	55-59	M	21	9:12	15	14:24	40	6:15	16	29:50:00	1
Donald	Hodgen	Arlington	VA	55-59	M	91	11:08	39	15:41	147	8:19	69	35:06:00	2
John	Braden	Arlington	VA	60-64	M	80	10:49					116	37:51:00	1
Eugenio	Villiva	Burke	VA	60-64	M	176	13:24	200	23:21	212	14:59	224	51:43:00	2