

2016 Ladies Choice Triathlon 05/08/2016

400 yard swim, 8 mile bike, 2 mile run

Winners by Category

Ct	Pl Name	City	ST	Tot Time	Ag
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Women's Overall					
1	Erin Smith	Ft. Washington	MD	00:50:18	32
2	Tanya Filkins	Mont Village	MD	00:50:34	41
3	Kathleen Brewster	Vienna	VA	00:50:45	15
Women 13-15					
1	Sophie Tedesco	McLean	Va	00:53:57	14
Women 16-19					
1	Kaiya Reimer	Toms River	NJ	00:57:27	17
Women 20-24					
1	Leah Ferrara	Arlington	VA	00:51:37	24
2	Whitney Lassiter	Louisa	VA	01:20:15	23
Women 25-29					
1	Fallon Pennington	Fredericksburg	VA	00:53:38	29
2	Amanda Jagusiak	Arlington	VA	01:00:50	28
3	Eileen Foyle	Falls Church	VA	01:02:43	29
Women 30-34					
1	Cathryn Mahoney	Hampton	VA	00:53:51	31
2	Sarah Dickinson	Manassas	VA	00:54:27	30
3	Mackenzie Reimer	Duncan	SC	00:56:39	30
Women 35-39					
1	Amy Button	Oak Hill	Va	00:51:45	39
2	Christy Gunville	Arlington	VA	00:52:54	38
3	Marcie Schreiber	Manassas	VA	00:55:38	38
Women 40-44					
1	Lauren Santangelo	Alexandria	VA	00:51:02	43
2	Heather Tedesco	McLean	Va	00:54:17	44
3	Heather McNemar	Fairfax	VA	00:54:41	42
Women 45-49					
1	Michele Reimer	Lanoka harbor	NJ	00:55:14	47
2	Fiona McClure	Fairfax	VA	00:56:42	46
3	Tanya La Force	McLean	VA	00:57:09	46
Women 50-54					
1	Marycel Tuazon	ALEXANDRIA	VA	00:58:25	50
2	Kathleen Green	Falls Church	VA	01:00:16	54
3	Donna Englander	Vienna	VA	01:01:43	54
Women 55-59					
1	Jennifer Katt	Woodbridge	VA	00:58:01	57
2	Paula Kane	Louisa	VA	00:59:55	59

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3 Duk Ro	Bristow	VA	01:05:59	57
Women 60-64				
1 Cindy Gambogi	LEESBURG	VA	00:57:20	61
2 Margot Krauss	Kensington	MD	00:58:31	62
3 Suzanne Friis	Brookeville	MD	00:59:03	61
Women 65-69				
1 Ruth Hamilton	McLean	VA	01:00:35	69
2 Deborah Roe	Hampton	VA	01:10:44	65
Paratriathlete				
1 Jennifer Bethel	Arlington	VA	01:00:42	36
2 Lauren Harris	Alexandria	VA	01:04:13	31
Relay				
1 Williams Family	Oak Hill	Va	00:49:18	1
2 Girl Power	NOKESVILLE	VA	00:54:05	1

2016 Ladies Choice Aquabike 05/08/2016

400 yard swim, 8 mile bike

Ct				
Pl Name	City	ST	Tot Time	Ag
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1 Caren Bancroft	Gaithersburg	MD	00:31:15	46
2 Danielle Leber	Springfield	VA	00:37:31	28

2016 Ladies Choice Duathlon 05/08/2016

2 mile run, 8 mile bike, 2 mile run

Ct				
Pl Name	City	ST	Tot Time	Ag
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1 Lori Raymond	Stafford	VA	01:00:34	44
2 Stacia Zimmerman	Alexandria	VA	01:03:02	34