

<u>Last Name</u>	<u>First Name</u>	<u>Race Cat</u>	<u>Sex</u>	<u>Age Group</u>	<u>Bib</u>	<u>City</u>	<u>State</u>
Andrews	Ashley	Triathlon	F	35-39	293	Alexandria	VA
Baillie	Andrew	Triathlon	M	55-59	319	Nokesville	VA
Barlow	Nancy	Triathlon	F	60-64	298	Churchville	VA
Barwis	Robert	Triathlon	M	60-64	315	Dunkirk	MD
Biwott	Leah	Tri Relay	F	relay	285	Alexandria	VA
Borja	Elizabeth	Aquathlon	F	Aquathlon	314	Bethesda	MD
Broome	Annette	Triathlon	F	65-69	333	Mechanicsville	MD
Butzer	Sarah	Triathlon	F	35-39	275	Arlington	VA
Colborn	Laurie	Aquathlon	F	Aquathlon	267	West Deptford	NJ
Conboy	John	Triathlon	M	10-12	359		
Creswick	Todd	Triathlon	M	50-54	295	Bristow	VA
Davis	Mona	Triathlon	F	40-44	342	Reston	VA
Davis	Mona	Triathlon	F	40-44	342	Reston	VA
Devkar	Darsh	Triathlon	M	20-24	351	Ashburn	VA
Dippenaar	Natalie	Triathlon	F	50-54	326	Brambleton	VA
Do	Tom	Triathlon	M	50-54	289	Springfield	VA
Egloff	Debra	Triathlon	F	55-59	337	Purcellville	VA
Essigman	Erica	Triathlon	F	25-29	336	Mechanicsville	VA
Fennessey	Edward	Triathlon	M	55-59	355	Alexandria	VA
Field	Cathy	Triathlon	F	45-49	347	Springfield	VA
Fisher	Andrew	Triathlon	M	16-19	266		
Fleming	Robert	Triathlon	M	65-69	331	Manassas	VA
Fredrick	Brian	Triathlon	M	40-44	291	Bristow	VA
Friedman	Miriam	Triathlon	F	55-59	297	Silver Spring	MD
Fuller	Emma	Triathlon	F	10-12	357		
Fuller	Riley	Triathlon	F	10-12	358		
Graceffo	Gary	Duathlon	M	Du	354	Fairfax Sta	VA
Gray	Sam	Triathlon	M	55-59	274	Fairfax	VA
Harris	William	Triathlon	M	40-44	339	Falls Church	VA
Helmick	Greg	Triathlon	M	50-54	324	Manassas	VA
Hickman	Kathy	Triathlon	F	60-64	350	Falls Church	VA
Hirscher	Elizabeth	Triathlon	F	20-24	334	Manassas	VA
Hirscher	Jonathan	Triathlon	M	25-29	335	Manassas	VA
Hong	Andrea	Triathlon	F	35-39	321	Glenn Dale	MD
Huddleston	Timothy	Triathlon	M	45-49	263	Ashburn	VA
Huntsinger	Jeremy	Duathlon	M	Du	353	Manassas Park	VA
Jackson	Brittany	Triathlon	F	35-39	294	Centreville	VA
Jameson	Marti	Aquathlon	F	Aquathlon	270	West Chester	PA
Johnston	Christopher	Triathlon	M	60-64	306	Fairfax	VA
Keith	Maryann	Triathlon	F	40-44	356	Reston	VA
Kern	Eric	Triathlon	M	55-59	309	Alexandria	VA
Kim	Aden	Triathlon	M	10-12	279		
Kynoch	Cole	Triathlon	M	25-29	261	Falls Church	VA

* Race Age is age on 12/31/2023 based on USAT rules

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Landau	Doug	Triathlon	M	60-64	273	Oak Hill	VA
Langenderfer	Rachel	Aquathlon	F	Aquathlon	287	Cincinnati	OH
Larkin	Lisa	Triathlon	F	50-54	341	Kensington	MD
Laughlin	Charleen	Triathlon	F	35-39	310	Arlington	VA
Leck	Renee	Triathlon	F	55-59	303	Washington	DC
Lemons	Janette	Aquathlon	F	50-54	360	Alexandria	VA
Lisbon	Daniel	Triathlon	M	55-59	296	Richmond	VA
Low	Jerry	Triathlon	M	45-49	345	Chesapeake Beach	MD
Martin-Alciati	Mario	Triathlon	M	30-34	301	Reston	VA
Mayle	Ashly	Triathlon	F	35-39	348	Woodbridge	VA
Mazzi	Moira	Tri Relay	F	relay	285	Alexandria	VA
McBride	Christopher	Triathlon	M	45-49	277	Falls Church	VA
McMurray	Nicholas	Triathlon	M	35-39	272	Washington	DC
Metge	Bruce	Aquathlon	M	Aquathlon	283	Durham	NC
Mian	Hamza	Triathlon	M	25-29	322	Woodbridge	VA
Miller	Jennifer	Triathlon	F	45-49	318	Fairfax Sta	VA
Murphy	Heather	Triathlon	F	45-49	300	Woodbridge	VA
Neer	MacKenzie	Tri Relay	F	relay	285		
Nesbitt	Dudley	Triathlon	M	60-64	320	Woodbridge	VA
Nystrom	EunYoung	Triathlon	F	50-54	311	Ashburn	VA
Oquendo	Carib	Triathlon	M	35-39	284	Ashburn	VA
Pendleton	Laura	Triathlon	F	35-39	332	Springfield	VA
Pietras	Michelle	Triathlon	F	10-12	308		
Pietras	Olivia	Triathlon	F	13-15	307		
Powell	Drusilla	Triathlon	F	60-64	278	Chesapeake	VA
Reedy	Dj	Triathlon	M	45-49	256	Oakton	VA
Reedy	Noah	Triathlon	M	13-15	257		
Reedy	Trey	Triathlon	M	20-24	258		
Regan	Austin	Aquathlon	M	Aquathlon	251	Arlington	VA
Rhodes	Stephanie	Triathlon	F	25-29	255	New Baltimore	VA
Rice	Doug	Triathlon	M	65-69	280	Clifton	VA
Rodgers	Laurel	Triathlon	F	40-44	292	Winchester	VA
Rogers	Kip	Tri Relay	M	relay	344	Springfield	VA
Romano Kelly	Rachel	Triathlon	F	55-59	316		
Rossi	Charles	Triathlon	M	60-64	246	Purcellville	VA
Russell	Mary Cris	Tri Relay	F	relay	344		
Salih	Haider Hasan	Triathlon	M	40-44	286	Gaithersburg	MD
Sampson	Booker	Triathlon	M	50-54	352	La Plata	MD
Sampson	Norbert	Triathlon	M	50-54	349	Virginia Bch	VA
Savage	Olivia	Triathlon	F	40-44	330	Woodbridge	VA
Schuchert	Michael	Triathlon	M	50-54	338	Arlington	VA
Sharp	Krista	Triathlon	F	45-49	312	Springfield	VA
Shedd	Samantha	Triathlon	F	35-39	271	Alexandria	VA

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Skrzypczak	John	Triathlon	M	60-64	305	Burke	VA
Somerville	Aidan	Triathlon	M	16-19	281		
Somerville	Conor	Triathlon	M	10-12	329		
Stahr	Bill	Triathlon	M	60-64	325	The Plains	VA
Stephens	Glenn	Aquabike	M	Aquabike	259	Falls Church	VA
Stone	Lane	Triathlon	F	65-69	340	Alexandria	VA
Storey	Rick	Triathlon	M	50-54	290	Warrenton	VA
Taylor	Holly	Triathlon	F	45-49	327	Centreville	VA
Tilton	John	Triathlon	M	30-34	304	Chesapeake	VA
Toth	Laura	Triathlon	F	50-54	264	Arlington	VA
Troll	Sarah	Triathlon	F	35-39	317	Alexandria	VA
Valentine	Brian	Tri Relay	M	relay	344		
Valenzuela	Enrique	Triathlon	M	35-39	262	Chantilly	VA
Vanguri	Saara	Triathlon	F	13-15	269		
Wagner	Brian	Triathlon	M	35-39	268	Washington	DC
Wahl	Callie	Triathlon	F	45-49	276	Centreville	VA
Wahl	Scott	Triathlon	M	45-49	260		
Warley	Carter	Triathlon	M	40-44	323	Purcellville	VA
Wayment	Lorelei	Triathlon	F	13-15	346		
Wayment	Sloane	Triathlon	F	13-15	313		
Winslow	Lamar	Triathlon	M	45-49	299	Springfield	VA
Woodward	Nancy	Aquabike	F	Aquabike	302	Reston	VA
Yoakum	Kerry	Triathlon	M	55-59	328	Lorton	VA
Young	Karen	Triathlon	F	55-59	288	Boyds	MD
Zaino	Christine	Triathlon	F	35-39	265	Arlington	VA
Zucker	Alan	Triathlon	M	60-64	282	Arlington	VA